

YOUR GUIDE TO OBSERVING THE  
**HIGH HOLY DAYS**

at Congregation B'nai B'rith

2016 5777 לשנה טובה

**L'Shanah Tovah!**

Dear Member of our CBB family,

The time has come to prepare for the High Holy Days.

*Rosh Hashanah* and *Yom Kippur*, the Jewish New Year and the Day of Atonement, rise up on the horizon before us, greeting us at the end of the summer and confronting us with the big questions of life:

How are we doing physically, emotionally, ethically, spiritually? What is the state of our important relationships with our family and with our closest friends? Where have we fallen short of our hopes for ourselves, and why, and where did we actually make some progress on our life's journey? Where can we find the courage, the strength and the wisdom to step confidently into the New Year?

I look forward to once again asking these questions in the warm embrace of our congregational community.

- Being together again with old friends and new
- Returning to Goleta beach for *tashlikh*
- Hearing again the familiar melodies of my childhood, sung so magnificently by our Cantor and Choir
- Seeing our many Temple families sitting together, with children grown older, taller, sadder, and wiser
- Feeling the pang of loss of members of our community, or of my own family, who passed away this year or in recent memory
- Rejoicing in the fresh faces of the young children in our young family services
- Breaking the Yom Kippur fast together at the end of a long day of prayer and reflection

I look forward to all of this, and to being together with all of you for a deeply meaningful, heart-warming and soul-shaking High Holy Day Season.

As a special highlight this year, our beloved Rabbi Alvin Sugarman and his wife Barbara, who guided this congregation through a crucial year of transition in 2003-2004 will be with us for Rosh Hashanah this year. Rabbi Sugarman will be offering the sermon on the evening of Rosh Hashanah, Sunday night, October 2nd. Be sure to be here that night!

Marian and I, and our children Rachel and Zach and Ari all send you our most heartfelt wishes for a sweet, healthy, happy New Year.

Sincerely,



Rabbi Stephen E. Cohen

Rabbi Stephen E. Cohen

Cantor Mark E. Childs

Elizabeth Gaynes  
*Executive Director*



## HHD Parking


- **Our main parking lot** is reserved for older adults and those with disabilities.
- **Additional parking** is available on our dirt lot, the street, and at the Community of Christ Church next to CBB.
- If you park at the temple for the early service, please plan to leave promptly once services end to make room for those attending the late service.
- **Carpool!** Please help reduce the number of vehicles.
- **Parking in the neighborhood:** Please be considerate of our neighbors. Be careful when parking and walking on the streets surrounding CBB. Do not block driveways and be aware of private property and landscaping. There are few street lights and no sidewalks, so we recommend bringing a flashlight with you.

## Mitzvah Food Drive

CBB's Jewish Learning Programs (K-12) will be running the annual **High Holy Day Food Drive**. Please fill up a reusable or paper bag with new, unopened, non-perishable food items to be donated to the Food Bank of Santa Barbara. Items most needed include Peanut Butter, Rice, Canned Fruit, Vegetables or Meats, Cereal, and Pasta. Collection bins will be located at CBB from Rosh Hashanah through Simchat Torah.

## No Fragrances Please

We have many members and guests who are sensitive to fragrances, perfumes, or cologne. Help us make High Holy Day worship a comfortable experience for everyone.



## Family and Child High Holy Day Programs

**RSVP AND SIGN IN ARE REQUIRED!**

Please RSVP for children's programs online at [cbbsb.org](http://cbbsb.org) to make your reservation.

## Children's Program Details

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### **EREV ROSH HASHANAH AND KOL NIDRE CHILDCARE 5:45 pm-7:30 pm**

(Early service ONLY) for Preschool age through 3rd grade (ages 2-8). Held at BHY Preschool.

**Early Service Childcare 8:00 am-10:00 am** (approx). This is for Preschool age through 3rd grade (ages 2-8). Held at BHY Preschool.

**Late Service Childcare 10:30 am-1:30 pm** (approx). This is for Preschool age only (ages 2-5). Held at BHY Preschool. Please pack a lunch for your child and note we are "nut-free" due to allergies.

**K-3rd Grade Youth Program 10:30 am-1:30 pm** (approx). Held in the education classrooms, it will be a morning of learning, playing, and praying. On Rosh Hashanah we provide a festive, holiday snack of apples, challah, honey, and juice to bring in the sweetness of the New Year. Please provide a snack and/or lunch for your child on Yom Kippur.

### **3rd-5th Grade Program 10:30 am-1:30 pm JR. SERVICE!**

In addition to stories, craft, skits, and "hang out time" in the education classrooms, the 3rd-5th grade students will enjoy a TEEN LED Junior Service from 11:30 am-12:15 pm in the small chapel. Snacks will be provided on Rosh Hashanah.

At 1:00 pm, students will join the main service for the Torah reading and shofar blowing in the sanctuary.

**Rosh Hashanah at 10:15 am** on the back patio

**Yom Kippur at 10:15 am** on the back patio

### **Please remember:**

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- *Make a reservation for your child to attend.*
  - *Children must be signed in for all youth drop-off programs.*
  - *Please drop off before services begin and pick up promptly when services end.*
  - *A guardian must be at CBB if your child is in a Preschool-5th Grade Program .*
  - *The playground will be used exclusively by students in our programs during all service hours. For the safety of all, any unattended children will be asked to leave the playground area (which includes the Preschool playground, gaga court, and lawn).*
  - *Children accompanied by an adult may join us for playtime outside.*
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**For the most current information, visit [www.cbbsb.org](http://www.cbbsb.org)**





## Our Open Door Policy

We do not issue tickets for our High Holy Day services. **Everyone is welcome** – members, non-members, and guests.

**Donations are encouraged** and enable CBB to remain open to all. You may donate at [cbbsb.org/give](http://cbbsb.org/give).

## High Holy Day Guests

Do you have guests joining you for the High Holy Days or know someone who would like to attend? Have them RSVP online or contact the temple office to add their names to the guest list: 805.964.7869 or [Audrey@cbbsb.org](mailto:Audrey@cbbsb.org).

We ask all who are not members to visit our will-call table upon arrival to check in.

**All guests will have the opportunity to make a donation.**

## Early and Late Services

The **Early Service** is slightly shorter, less crowded, more meditative, and less formal than the late service. We encourage families of school age children (especially 3rd-5th grade) to attend this service as a family.

The **Late Service** is CBB's traditional, majestic service with the Shir Chadash Adult Choir including full Torah and Haftarah readings.

**All of our worship services are available to watch LIVE online at [cbbsb.org](http://cbbsb.org)**

**We will be streaming in the Temple Library during Services, for those who need a break.**



# Rosh Hashanah

## Sunday, October 2

Early Service Childcare

**Early Service**

**Late Service**

## Monday, October 3

Early Service Childcare

**Early Service**

**Young Family Service\***

Late Service Childcare

K-5th Grade Youth Program

**Late Service**

3rd-5th Grade Youth Service

Taschlich at Goleta Beach

## Tuesday, October 4

2nd Day Rosh Hashanah Services 10:00 am *Santa Barbara Hillel*  
781 Embarcadero Del Mar, Isla Vista

5:45 pm *Preschool-3rd Grade*

**6:00 pm–7:30 pm**

**8:15 pm–10:00 pm**

8:00 am *Preschool-3rd Grade*

**8:15 am–9:45 am**

**10:15 am–10:45 am** *on Back Patio*

10:30 am–1:30 pm *at BHY Preschool*

10:30 am–1:30 pm *in Classrooms*

**11:00 am–1:30 pm**

11:30 am–12:15 pm *in Small Chapel*

2:30 pm *see ad for details*

# Yom Kippur

## Tuesday, October 11

Early Service Childcare

**Kol Nidre Early Service**

**Kol Nidre Late Service**

## Wednesday, October 12

Early Service Childcare

**Early Service**

**Young Family Service\***

Preschool Age Childcare

K-5 Youth Program

**Late Service**

Afternoon Options

**Afternoon Services**

**Yizkor**

**Ne'ilah**

5:45 pm *Preschool-3rd Grade*

**6:00 pm–7:30 pm**

**8:15 pm–10:00 pm**

8:00 am *Preschool-3rd Grade*

**8:15 am–9:45 am**

**10:15 am–10:45 am** *on Back Patio*

10:30 am–1:30 pm *at BHY Preschool*

10:30 am–1:30 pm *in Classrooms*

**11:00 am–1:30 pm**

1:30 pm–3:30 pm

**3:30 pm–5:00 pm**

**5:15 pm–6:00 pm** *approx.*

**6:00 pm–7:00 pm** *approx.*

*Services end at 7:00 pm approx.*

\* A fun and informal 30 minute worship experience for families with children ages 5 and under.

# Taschlich - [tahsh-likh]

A Jewish rite, performed on the afternoon of the first day of Rosh Hashanah, in which the participants symbolically cast off their sins by gathering along a body of water (preferably one with fish in it) and casting off the weight of the past year in order to start the New Year off right.

The Santa Barbara Jewish community joins together to celebrate this 1,000 year-old tradition.

*Monday, October 3  
at 2:30 pm*

Goleta Beach – Area D near the playground.  
Bring a blanket and picnic lunch.

# Break Fasts

Whether you are a long-time member or new to the congregation, we welcome you to break bread with your CBB family on

**Wednesday, October 12**

Following Ne'ilah at approx 7:15 pm



**Community Break Fast  
Open to All**

At CBB



**Young Adult Break Fast  
Open to 21-35 Year Olds**

At the home of Bob and Janice Ingram  
4735 San Antonio Ct. Right around the block!  
RSVP to [Ben@cbbsb.org](mailto:Ben@cbbsb.org) or (805) 964-7869 x228



## Festival of Tabernacles

**Sunday, October 16**

**Erev Sukkot**

4th-7th Grade Dinner in the Sukkah 6:00-7:00pm  
RSVP at [cbbsb.org](http://cbbsb.org)

**Monday, October 17**

Yom Tov Sukkot Service and Lunch 10:30am

**Tuesday, October 18**

New Member Dinner 5:30-7:00pm  
RSVP to [Jessica@cbbsb.org](mailto:Jessica@cbbsb.org)

**Wednesday, October 19**

Academy and Confirmation in the Sukkah 6:00-8:00pm

**Thursday, October 20**

Young Family Night PreK-3rd Grade 5:30pm-7:00pm  
Bring your own dinner and eat in the Sukkah!  
RSVP at [cbbsb.org](http://cbbsb.org)

**Friday, October 21**

Friday Night Shabbat Service 6:00pm  
Followed by a special Oneg Shabbat in the Sukkah

## Simchat Torah

**SHEMINI ATZERET  
REJOICING IN THE TORAH**

*Sunday, October 23  
7 pm*

Join us as the Torah scroll is unrolled and this past year's B'nai Mitzvah chant the opening lines of their Torah portions from Genesis through Deuteronomy. Celebrate with unbridled dancing and joy.

*Monday, October 24  
10:30 am*

Shemini Atzeret/Simchat Torah Service  
with Yizkor