

# VOICES

## CONGREGATION B'NAI B'RITH

Winter 2013 Quarterly Journal Vol. 87 No. 1

Tevet - Shevat 5773

### TEENAGE TRIALS: the Path to Finding a Jewish Identity



by Ben Mazur  
CBB Youth & Education Manager

This story begins, as many do, with an adolescent who had not yet discovered a way to fit in with the world around him. This 14-year-old boy was living in a small town

where he was different from everyone he knew. He took the same classes and participated in the same after-school activities as his classmates. He was in the marching band, played baseball, and performed in the school play. So what was so different about him? He was Jewish.

It was rough being the only Jewish kid in a town with more churches than there were traffic lights. All of his friends attended bible study multiple times every week and frequently reminded him just how great their Christian youth programs were. Although he had taken great pride in becoming a Bar Mitzvah and loved celebrating Jewish holidays, he never felt that kind of connection to the Jewish community. The nearest congregation was a 45-minute drive away, which was too far for his parents to make frequent round-trip drives. He longed to be part of a community where he truly felt like he belonged, but it seemed to be getting farther and farther away from him. Little did he know his life was about to change.

It was October 2000, what some consider the golden age of rec-league soccer. Our protagonist had 2 younger sisters who were both on their way for an out-of-town tournament, and his parents didn't want to leave him alone at home all weekend. As fate would have it, there was a retreat the very

same weekend for Jewish teens from all over his region of the country and a group was going from his temple. There was no one going on this trip whom he considered a close friend, and he thought the whole experience was going to be a waste of his time. Despite his begging and pleading to not attend, his parents pushed him out of the car at the doorstep of the temple, threw a suitcase and a pillow into his arms, and bade him farewell. That weekend, which began with concealed tears of frustration, ended with the boy crying again because of how hard it was to say goodbye to the amazing friends he had made and the excitement of the new journey he knew had begun.



If you haven't figured it out by now, that teenage boy was me, just over 12 years ago. That trip was my first

*continued on page 22*

Meet CBB's  
**SBORTY**  
Teen Leadership

*Page 8*

In honor of the memory of Avi Schaefer  
 Son of Rabbi Arthur and Laurie Gross-Schaefer



**Bart Campolo**  
 Director of National Outreach  
 The Telos Group

- A Palestinian Christian and an evangelical Christian founded the Telos Group.
- Telos strengthens the capacity of American faith communities, and especially American evangelicals, to help positively transform the Israeli-Palestinian conflict.
- Their vision is security, freedom, and dignity for every human being in the Holy Land, which they believe can only be realized through a two-state solution supported by the United States.
- They are pro-Israeli, pro-Palestinian, pro-American, and pro-peace, all at the same time.

**SUNDAY MORNING** **LIVE**

Feb 3 8:45 am Best Darn Breakfast, PERIOD!  
 9:45 am Program

*Upcoming Sunday Morning Live programs*

**March 3:** Rieger Scholar-in-Residence  
 Professor Daniel C. Matt  
*see back cover for details*

**April 7:** Rabbi Steve Gutow  
 President & CEO  
 Jewish Council for Public Affairs



**MARCH 10, 2013**

10:30 AM - 1:00 PM

781 EMBARCADERO DEL MAR  
 ISLA VISTA, CA

**HALL OF FAME**

Join the Jewish community and honor these exceptional individuals who have made long and lasting contributions to Santa Barbara Hillel



*Rabbi Stephen Cohen  
 and Marian Cohen*



*Richard B. Silver*



*David Cygielman*

*Interested in participating in the Tribute Book Contact Jillian at Santa Barbara Hillel*

*RSVP by February 6 | \$100 per person  
 Mail a check for \$100 per person, with contact information and names of who will be attending or  
 Go online: <http://santabarbara.hillel.org/home/support/halloffame.aspx> or  
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*Althea Stroum and  
Pat Glazer Memorial*

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Questions: [ben@cbbsb.org](mailto:ben@cbbsb.org)

**March 22-24**

**Brandeis-Bardin Simi Valley**

Saturday, **February 2**

Congregation B'nai B'rith

Check-in 6:45 pm

## Congregation B'nai B'rith Texas Hold-em Poker Tournament

*honoring Bernie Taran z"l & Barry Mosesman z"l*

**\$50 donation** covers initial buy-in, delicious desserts, bodacious beverages and scrumptious snacks

A Fundraiser for Congregation B'nai B'rith

Questions: call Richard Silver - 805/705-5648 | RSVP online at [www.cbbsb.org](http://www.cbbsb.org) or call 964-7869

# MISSION STATEMENT

CBB is a diverse, inclusive community of individuals and families building together a warm and vibrant house of living Judaism.

## CBB Sisterhood GIFT SHOP



The Gift Shop is open during "Sunday Morning Live" 9:30 am to 11:30 am, by appointment, and prior to holidays. For more information call Jessica Glick at 696-6289 or check out the gift shop's online store at [www.cbbsb.org](http://www.cbbsb.org).

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and rates, please contact:  
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**Ideas for a story? Photos to share?**

*be a part of* **VOICES**

**Spring 2013 deadline**

**February 1**

contact Karen Greenberg at  
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**Interested in JOINING CBB?**

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# CBB Resource Guide

## HOSPITALIZED?

Our clergy would like to visit and offer their support and encouragement. If someone you know is in the hospital, please call the Temple office. Privacy policies prevent hospital staff from automatically calling the Temple.



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 805/964-7869 | [www.cbbsb.org](http://www.cbbsb.org)



Rabbi Suzy Stone

# Ask the Rabbi

## Question:

*I was unable to attend the first Yizkor Healing Circle in October. Can you tell me what it entailed and if I can attend the upcoming ones if I did not attend the first one?*

## Answer:

In short, the answer is yes! This was the first time that CBB offered a Yizkor Healing Circle and nearly thirty people attended. For those who participated, I want to thank you for your unparalleled trust and courage. For those who could not attend, I want to invite you to our future healing circles.

The word Yizkor in Hebrew means, "May God Remember." This prayer is read in honor of the loved one's in our lives who have passed away. It is a prayer that invokes God's love and compassion upon those who have departed from this earth and it is meant to spark action and charity within our hearts. Traditionally, the Yizkor prayer is recited four times a year on Yom Kippur, Sukkot, Passover, and Shavuot. At minimum, our goal at CBB is to have a healing circle during each of these holidays.

The goal of the Yizkor Healing Circle is to provide our community with on-going opportunities to share about the lives and stories of our loved ones in a supportive and comforting environment.

At the Yizkor Healing Circle we engaged in several different activities. First, we established some common expectations about how to have these difficult conversations with one another. Then we studied some ancient Jewish texts about the power and importance of tears in our tradition. In honor of Simchat Torah, we then broke into small groups to discuss the "torah" of our loved one's lives. Last, but not least, I introduced a short ritual that was meant to move our conversation from memory to action. Future Healing Circles will follow a similar pattern and each time there will be different texts, songs, and themes that are affiliated with the corresponding holiday.

Additionally, I am working with several lay leaders and Cantor Childs to assess the needs of our community in this particular realm. Even if you were not able to attend the first Yizkor Healing Circle, I encourage you to take a short online survey by typing this link into your web browser (<http://www.surveymonkey.com/s/JRYH2YC>).

In order to create the best opportunities possible, we need your input! If you attended the first Yizkor Healing Circle, please answer all ten questions. If you were not able to attend the first one, your input on questions 4-10 would be greatly appreciated. Either way, the survey itself should take no more than five minutes. Thank you all for your time and support. And may we continue to write the Torah of our lives with the words and deeds of those who have passed on to Eternal life.

Please [join us](#) for the next

## YIZKOR HEALING CIRCLE

April 1

Monday | 1:00 pm - 2:30 pm

with RABBI SUZY STONE

# NEW

## CBB Siddur



## Mashiv HaRuach for Shabbat

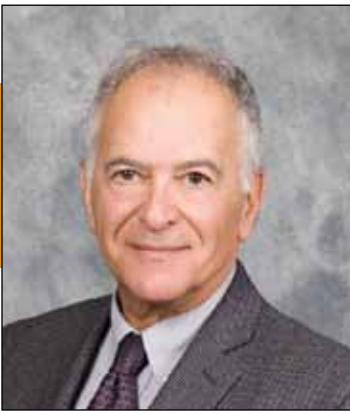
Join us when we introduce our new Siddur

Friday, January 18

5:30 pm Pre-Neg

6:00 pm Service

*Help us make our Siddur a reflection of our community. Dedicate a bookplate for the inside front cover. For your \$180 donation, you can **Commemorate A Special Occasion, Honor or Remember a Loved One or Share a Few Personal Words.** You can find details on our website at [www.cbsb.org](http://www.cbsb.org) or by calling the Temple office.*



# VERAH: AND HE APPEARED

Genesis 18:1-5

by Allan Morton  
CBB Adult Education Chair

YHVH appeared to Abraham at the oaks of Mamre.

And he was sitting at the tent entrance in the heat of the day, and he raised his eyes and saw, and here were three people standing over him. And he saw and he ran toward them from the tent entrance and bowed to the ground. And he said, 'My Lord, if I have found favor in your eyes don't pass on from your servant. Let a little water be gotten, and wash your feet and relax under a tree, and let me get a bit of bread and satisfy your heart. Afterward you'll pass on, for that's why you passed by your servant.'

These men who suddenly appear are three angels, each on a single mission. Angels appear numerous times in the Tanach. Many modern Jews are surprised that Judaism has an extensive literature on angels. We somehow think of angels as a Christian idea and we imagine cute little Raphaelite cherubs. But these chubby little fellows on Christmas cards hardly represent all of Christian iconography. Da Vinci's Annunciation conveys the mystery and power of the messenger of The Most High. In Masaccio's Expulsion, the angel stands guard barring the way back to Eden with the flaming, ever turning sword.

In Genesis 28:10-15, Jacob dreams of angels ascending to heaven and descending to earth. On his way back to Canaan 20 years later, "Angels of God came upon him. And Jacob said, 'This is a camp of God....'" Genesis 32: 2-3.

Perhaps we encounter angels everyday and don't know it, because we moderns reject their existence. Perhaps what is an angel is also a matter of perspective.

On an autumn Sunday morning, the 12th of Cheshvan, I attended our Bluffs Minyan on a cliff top overlooking the ocean at Elwood Mesa. We had finished the morning prayer. I was taking in the view of pelicans gliding in formation and of the sunlight sparkling on the ripples of the gentle sea. I looked up. There was a young man, perhaps about 30 years old. He was wearing jogging pants, a tee shirt and running shoes. He was fit and handsome. He was speaking to Rabbi Cohen. Although I could not hear what was said, the man evidently had asked the Rabbi to wrap his tefillin on him. Rabbi Cohen did so and the man recited the blessing. I turned away as he was removing the tefillin. A few seconds later I turned back and the man was gone.

I thought, perhaps this man was an angel. Rabbi Cohen and the others in the minyan may have experienced him as just a passing jogger, who seeing Jews gathered to pray in this extraordinary place, took the opportunity to perform the mitzvah of putting on tefillin, and then continued on his morning run. But for me, this was an angelic being and of a moment with the wide sea, sky and light.

## Bluffs Minyan

*the 4th Sunday of each month  
meet at Rabbi Cohen's home  
beginning at 8:00 am*



## New Shabbat Poetry Program

by Sheila Golburgh Johnson

On some Friday nights at CBB's Shabbat Service a poem will be read that was written by one of our members.

Each poet, whose work has been chosen, will have an opportunity to read his/her poem on a Jewish or universal topic to a warm, receptive audience.

This idea arose after Yom Kippur and the wonderful response to the poetry readings at the Yizkor Service. I hope you will

enjoy this addition to Friday Shabbat Services, and that the poems will add a new dimension to your understanding of Jewish life.

If you have written any poems that you believe will fit into our worship service, please send them to me at [goldbug@cox.net](mailto:goldbug@cox.net), or hand them to me during poetry group on the 2nd Monday of the month at noon. Check the website to confirm.

Thank you.



*Santa Barbara Organization of Reform Temple Youth*

# Our Teen Leadership



**Matthew Wallock**, 11th Grade  
**SBORTY President**

My personal goal as President is to bridge the gap between youth and temple by creating and promoting fun events and programs through CBB. I wish to share my positive experiences with Religious

School, Academy, and Confirmation, and inspire others to stay involved with CBB by being Madrichim, coming to Hot Topics, participating in services, and embracing their role in the wonderful community that is Reform Judaism.



**Sarah Chase**, 12th Grade  
**Programming Vice-President**

Teen programming is essential for the future of the Santa Barbara Jewish community. With so few Jews at each of the high schools, it's important that opportunities exist for teens to interact with each other. As Programming Vice

President, I hope to make programs that will engage Jewish teens so that they will continue to attend events and pursue Jewish thought. If students find our youth group as a fun and exciting form of Jewish community, it will encourage them to spend more time at temple enhancing their own personal Judaism. High school is a time when most teens are unsure of their personal religion and the goal of SBORTY is to involve people in enjoyable activities with an emphasis on the Reform movement.



**Talia Cohen**, 10th Grade  
**Social Action Vice-President**

It's very important to me to have a strong Jewish teen community. Many kids find it difficult or unappealing to stay involved in Judaism after their Bar/Bat Mitzvah. With an engaging high school youth group, teens have a place to go and relax and have fun outside of school. With SBORTY, we also have the opportunity to take part in local and regional NFTY events, which lead to close friendships and a sense of involvement in the broader Jewish community.

Since teens are the future leaders of our society, it's important that we become aware of and act to address problems in the wider community. As Social Action VP, I am working on getting temple youth more involved in our wider communities on both a local and global scale.



**Eric Capelle**, 11th Grade  
**Religious & Cultural Vice-President**

A teen community, to me, means a place where I can go to hang out and have fun with my Jewish peers. On top of that it means a group of friends that get together to complete fulfilling projects to

better the Jewish community as a whole. My role as Religious and Cultural Vice-President has allowed me to do just that by leading teen worship services where all teens who want to come to services, but find the amount of adults overwhelming, can come to enjoy, be fulfilled by and even participate in a welcoming service lead by their own peers.



**Ethan Habecker**, 11th Grade  
**Membership Vice-President**

Teen programming is extremely important to me because after Bar/Bat mitzvah, teens often become disconnected with the Jewish community. In order to have them become involved again, we need to have fun and engaging programs available. As Membership

Vice-President of SBORTY my job is to do everything I can to add new members and help SBORTY grow into a thriving youth group and increase our attendance at NFTY regional events.



**Noah Goodman**, 11th Grade  
**Treasurer**

Youth engagement is a key part of the temple, as it brings new people into the world of Judaism through friends and activities that they enjoy. It has aspects of





## Hot Topics

Hot Topics is a program for post-Confirmation students (11th and 12th graders) giving them an opportunity to stay connected. It meets once a month on Sunday from 5 to 7 (and includes dinner). The program includes a speaker for the first hour, then dinner and a follow-up discussion led by Ben Mazur, CBB's Youth & Education Manager

for more information,  
email [ben@cbbbsb.org](mailto:ben@cbbbsb.org)

**February 10**

### Israel Today

*led by Meital, UCSB HILLEL*

**Save The Dates**

*details to follow*

**March 3 - April 14 - May 5**

fun, along with teachings about religion and an emphasis on social action. As a member of the SBORTY board, I help to come up with ideas for events and ways to make youth engagement better, so as to entice other people my age to envelop themselves into the Jewish community.



**Talya Steinberg**, 11th Grade  
**Historian**

A strong teen community at the temple is crucial for a strong future. My hope is that the character building, social and Jewish virtues that we, the youth, take away from programs like SBORTY, will be carried through to all other aspects of our lives, religious or not. As a SBORTY board member, I want all teens to feel welcome in our youth programs. I record all our ideas, so that the future of this youth group will be organized and strong. I want to ensure that each teen is recognized in the temple youth community.

**Arinn Polinsky**, 10th Grade  
**Class Representative**

Temple is a safe place for fun activities and learning. Having the teen community allows me to interact with my peers and grow stronger relationships with people who share the same beliefs and values. On the board, I have the opportunity to reach out to others and help create an environment that is just ours. Together we make this community stronger.



**Sophia Gaynes**, 9th Grade  
**Class Representative**

My job is to reach out to my Jewish peers and encourage them to participate in not only SBORTY events, but any Jewish activity. These include Jewish sleep away camp and CBB's madrichim program. Although I am the youngest member on board, I have an important job in speaking for all of the ninth graders at meetings, and relaying thoughts and ideas that will improve the overall experience for teens at CBB. Jewish youth involvement is vital to shaping the Jewish leaders of the future. As a teen I am proud to be Jewish, and it is my goal to inspire other young adults to have similar feelings about their religion, and youth involvement is where it begins.

# UBUMWE PRESCHOOL RWANDA

by Pam Gunther and Ellen Hunter

Fall brought another amazing visit to CBB by Frederick from Rwanda. While with us only briefly, his visit happily coincided with Mitzvah Day on October 14th. Many members came out to see him including his Preschool and Religious School friends. Frederick also spent an afternoon with the San Marcos High School "Kids Helping Kids" organization, one of the groups that has donated to the Ubumwe preschool.

It was wonderful to learn how the preschool project is progressing and hear about life at the Ubumwe Center. Frederick is excited about a possible future visit by members of his CBB family to Rwanda. He has incredible passion for his home and wants to share its beauty and culture with all of us.

We extend a huge thank you to everyone who has contributed to this project. While CBB has taken the lead role to support this effort, others in the extended community have contributed as well. It is nearly complete! We hope to see completion of the school by early 2013, with the children of Gisenyi in their classrooms shortly thereafter.

All of the photos you have seen in each issue of Voices have chronicled the project's progress. We've wanted to share with you each step of the way. Final construction is underway and includes ceiling beams, painting, exterior and interior finishing touches, ramps, railings, the grounds and much more.

As we have come to thrive after our own history with genocide, we take comfort and joy while watching Rwanda do the same. It feels good to be part of this project and the country's efforts to heal. We understand that struggle all too well and stand with them.

A final note of appreciation to our wonderful members for being such a caring community. We are lucky indeed to have each other.



**Please help us finish the building project. We're so close. We need to raise just under \$5,000 to finish construction! To make a donation go to [www.cbbsb.org](http://www.cbbsb.org) or call the Temple office at 964-7869. See more photos on our website.**



*Almost Done!*



*The entrance to Ubumbe Preschool*



*One of the many wonderful murals surrounding the center*

***Thank you! It's all about the kids!***

# Mitzvah Day CBB's Day of Giving

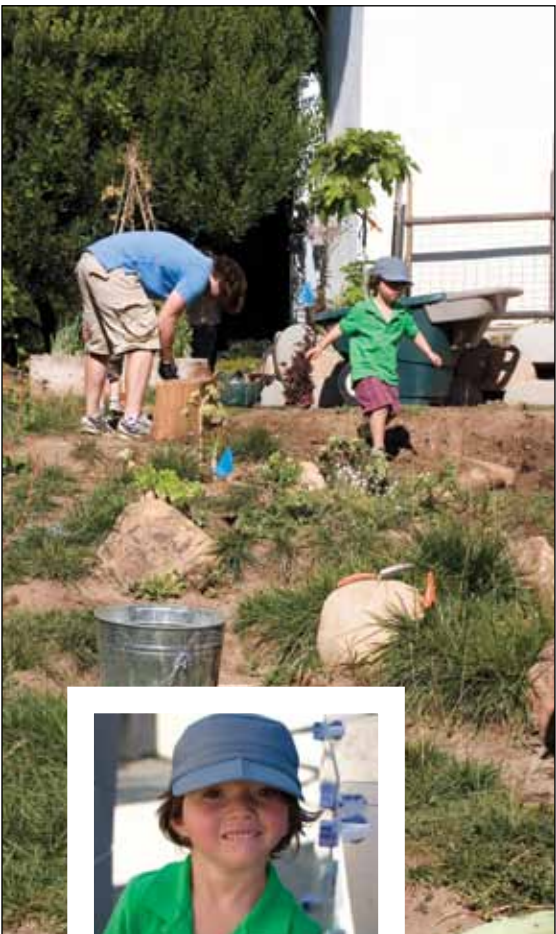
by Julie Fishman



This year Mitzvah Day was a wonderful outpouring of work and caring for others. Thank you to all the CBB staff, organizations, and community members who volunteered their time and energy to make it such a wonderful day.



Keep an eye out for your chance to contribute to our Hadassah Hospital Treatment Room in Jerusalem, the highlighted charity from Mitzvah Day. This treatment room will have CBB's name on it. Contributing to the hospital is a great way to donate funds to Israel in a way that cuts through politics and goes directly to help individuals in need. Israel is lucky to have Hadassah and CBB is lucky to have such a strong Hadassah chapter. Please consider contributing today and help us reach our goal quickly! Contact Ashley Monser in the Temple office for details at 964-7869.



As we look forward to the future, our hope is that Mitzvah Day in 2013 will grow and change into a new experience. We are excited about the new ideas that have come up to make Mitzvah Day even more incredible. At CBB everyone has such big hearts and we want to keep pace with that sentiment.

## 2012 Anti-Defamation League Distinguished Community Service Award



in Public Administration from USC, she began a long career advocating for issues affecting women and children as well as environmental issues.

As 2nd District Supervisor, Susan is particularly proud of her efforts to permanently save 200 acres off of Highway 154 as open space land. She also developed the RV Safe Parking Program to help the homeless in Santa Barbara have a safe place to park. Susan advocates for women to take leadership roles in the community in which they live and helped found the Santa Barbara Women's PAC in 1987. The PAC is "dedicated to furthering gender equality and other feminist values through political and social action, and educational activities."

When I asked Susan about her legacy and what lessons she hopes her children and grandchildren take away from her experiences she said, "It is very important to give tzedakah and be philanthropists. Being a philanthropist is not just about writing a check. It's about volunteering, serving on boards and modeling the ways to take care of society."

by Hallie Avolio

In October 2012, Susan Rose and her husband Allan Ghitterman were honored by the Santa Barbara/Tri-Counties Anti-Defamation League for their outstanding contributions to the community and long-time commitment to the ADL.

I had the opportunity to sit down with Susan and learn more about her passion for being a community leader, philanthropist and social justice advocate. Susan's love for giving started at a young age, when she remembers watching her mother collect spare change in her pushke to donate to different causes. Although Susan's mother didn't have much, she modeled the gift of tzedakah to her children. Susan grew up in an environment where family came first and then community. Her mother stayed at home to raise her family and also volunteered her time for community organizations.

These core values Susan learned at a young age have stayed with her. As a young adult she made a career change from high school teacher to working in public administration. Susan took her love of teaching government to becoming professionally involved and making a difference in her community. After receiving her Master's

---

*Here at CBB we agree with Susan Rose's statement that tzedakah is more than just giving money. Creating a better world entails working with others to envision and then create, a world that you would like your children or grandchildren to inherit. We encourage you to become involved in any number of projects here at CBB, such as the High Holy Day food drive, the greening team, or Mitzvah Day. In the greater Santa Barbara community, we help feed the homeless at Pershing Park and we prepare meals for residents of Transition Home. Nationally and internationally we have a team working to rebuild vandalized churches in the South and we have a dedicated team of congregants committed to getting a preschool built and supported in Rwanda.*

*In mid-January we will convene our first Social Justice Roundtable for a small group of lay leaders with the goals of building connections between projects, creating a shared vision for our social action work at CCB, and engaging in Jewish learning that will elevate our understanding of this central mission within the Jewish tradition.*

*If you would like to become involved in any of our social action projects, please contact Bob Ingram, Social Action Trustee, at [ringrum@lanairgroup.com](mailto:ringrum@lanairgroup.com)*

# Children of the Covenant



Back row from left: Rabbi Stone, Michael O'Kelley and Maeda Palius, Hallie Avolio, Lee & Amy Silverman, Charlie & Gayle Rosenberg, Howard Babus & Deborah Naish, Rabbi Cohen. Front row from left: Ken & Natalie Gaynes, Sheliya Rosenbaum (Jeff Rosenbaum not pictured), Devora Sprecher

*"I didn't think it would be that big of a deal, but I was wrong. Signing the ketubah was a touching, meaningful moment for Amy and me. It strengthened our commitment to ensuring the future of CBB."* Lee Silverman

On Friday, October 5th we held our second ketubah signing ceremony for The Children of the Covenant. This is CBB's campaign to build our endowment to \$20 million through legacy gifts that you leave the Temple in your will or estate. We are pleased to offer you a framed, original, personalized hand-made paper cut ketubah reflecting the commitment between you and CBB when you let us know you have made arrangements to leave a gift of any size to CBB.

You can view the ketubah given to Viola S. Girsh z"l outside Rabbi Cohen's office. We will have these ceremonies several times during the year.

Please consider including CBB in your estate plans. To add your name to the 43 families who have joined the Children of the Covenant, or for more information, please contact Marina Manheimer-Taylor, our Development Manager, at 964-7869 x 21 or [marina@cbsb.org](mailto:marina@cbsb.org).



Gayle Rosenberg



Maeda Palius and Michael O'Kelley



Amy Silverman

# FACES CBB Member Natalie Myerson

by Ann Pieramici



When Natalie Myerson greets me outside the ocean view home she has lived in for the last 40 years she is impeccably dressed, in a high-collared, ruffled blouse, knee-length skirt and sensible heels. Matching gold jewels shimmer from her ears and wrists and an elegant coral sheen lines her lips, indicating that this is a

refined woman on the go.

"My suitcase is always packed," confesses Natalie who, at 93-years-old, shows no signs of slowing down. And Natalie is exactly the type of person you'd want as a travel companion. She is interesting, engaging and remarkably sharp, with an enviable memory (she is able to remember the shoes and blouses she packed during a 1967 European vacation with her husband). She says she makes a conscious effort to remember details, a trait inspired by her childhood rabbi and her mother-in-law, both of whom had visual memories.

Natalie is ready with the answers before I even have time to dig the notepad out of my purse. "One word that describes Natalie is participant," she offers, referring to herself in the third person. "I can't always say that I've been a leader or a follower, but I sure as heck have participated." I am immediately inspired.

I quickly learn that "participant" is a huge understatement. Natalie started the local branch of the Brandeis University Women's Committee, has been a member of the boards of Hillel and the ADL and is a life member (and one of the longest standing members) of Hadassah. She has served as Santa Barbara County Arts Commissioner. The Jewish Federation of Greater Santa Barbara and the Santa Barbara Symphony are among her many current contributions to the cultural, humanitarian, educational and civic life of Santa Barbara.

Her activism certainly contributed to what Natalie calls a "magical life." But she also admits she got incredibly lucky, "with a capital L." Wonderful parents, a close relationship with her three older brothers, accomplished in-laws, good health and a loving, 63-1/3 year-marriage to Raymond Myerson z"l, whom she knew she would marry from their very first date. Even when the Great Depression hit, Natalie says she didn't suffer.

Raised in a comfortable American Zionist Jewish home in Newton, Massachusetts, Natalie was a shy child. Her father was a woolen merchant and her mother was president of the New England chapter of Hadassah and active in her temple's sisterhood. Natalie herself was president of Boston Junior Hadassah, but relinquished that post when she and her husband moved to Chicago and started a family. Though she attended religious school from kindergarten through Confirmation, it wasn't until she turned 90 that she learned to read Hebrew.

Natalie's parents were "worldly and ecumenical," teaching her to "know who you are, be proud of being an American Jewess," but also advised her to be open and identify with the world at large.

Natalie and her husband raised two children. Son Toby, is an accomplished lawyer in New York, and daughter Bette Kay developed a Jewish center in her hometown of Taos, New Mexico. She has two grandchildren whom Myerson tries to visit several times a year in New York. Yet, given the distance she says, "It isn't the amount of time you spend together, it's how meaningful you make the time."

Natalie is full of pithy truisms by which she lives her life: "Life is hard, but what you can't cure, you endure." She continues, "If you want to describe your friend Natalie Myerson, I have an infinite capacity for enjoyment. I enjoy whatever I do and wherever I am and I am grateful for what I have."

And from the sound of it, she has a lot. The powerhouse nonagenarian is a member of two book clubs, has 45 adopted "courtesy daughters" who take her to movies, lectures and bring her food. And she is a member of the self-proclaimed Juliets (Just Unique Ladies Interested In Eating Together).

Mostly, though, Natalie is grateful for Congregation B'nai B'rith. It's become her second home and where she tends to spend most Friday nights. She is more active now than she's ever been, attending the Jewish short story group, Sunday Morning Live, Temple lectures and Friday night services. "The Temple has filled a void since my husband died," she says. "To hear a good word in a sermon, to listen to Mark's inspiring voice, to interact with the smiling faces of fellow congregants.... I wouldn't want to be anywhere else."



# POSTCARDS FROM EUROPE

by Halina Silverman

Three women who barely knew each other decided to take a trip to Europe.

Picture these women of disparate ages with a range of 27 years and disparate history. Picture Judy Mannaberg-Goldman, Halina Silverman and Sissy Taran part of a congregational trip to Israel six years earlier. Picture Halina, Sissy and Judy meeting one very hot day when they enjoyed a glass of lemonade and homemade lemon bars at the home of their friend and travel agent extraordinaire, Andee Gaines who set the stage and directed our trip with exceptional precision and care.

Picture the background of each woman being as disparate as their ages. Halina, lovingly known as "Auntie," came to Canada from Europe as a small child, educated in Montreal, she worked intermittently for the JCC in several cities. Halina, now widowed, raised two children and lived in various cities in the US. Sissy grew up and spent her formative years in southern California where she became an educator. Now widowed, Sissy raised three children. Judy, the youngest, grew up in South Africa and left after high school to study in Europe. After college she worked in Europe, Canada and the US. Married, but never raised children, except by proxy.

Picture the 1987 comedy "Trains, Planes and Automobiles" as our reality; 8 plane trips, two trains, river boat [Danube] and numerous automobiles, from compacts to a mini-bus. NO COMPLAINING, NO SHOPPING and most surprising, NOT ONE EXTRA BATHROOM STOP. I know, it doesn't seem plausible, but it's all true.

Picture Sissy finding a hairdresser every Thursday regardless of where we were, Halina resorting to wine [infrequently] and Judy locating restaurants that provided gluten-free vegetarian fare.

Picture praying together in the Dohany Synagogue in Budapest and the New Synagogue in Berlin on Shabbat, attending a symphony in the Spanish Synagogue in Prague, and the privilege of purchasing box seats to attend a performance of "Rigoletto" in the magnificent opera house in Prague; lunching at the top of the Reichstag in Berlin, overlooking the city; holding onto each other over the cobblestones at the Fortress and comforting each other while saying Kaddish at the crematorium in Terezin; standing in the bell tower overlooking the Olympic Stadium built by the Nazi's for the 1936 Olympic Games where Glickman and Stoller, both Jews, were replaced because of anti-Semitism, by Ralph Metcalfe and Jesse Owens who won 4 gold medals.

Picture these three women forging a relationship based on mutual respect and understanding, supportive of one another and each other's needs, daily being on the same page and taking care of each other physically and emotionally. At the same time each of us with the above-mentioned backgrounds dealt with varying degrees of forgiveness and or closure.

Words really can't always express or portray feelings and emotions. Sometimes it just is.

*all photos taken in Berlin, Germany*



# Cantors in Concert



This past Veteran's Day, after enjoying everything from Torna a Surriento to Tevye's "To Life", 100 guests poured out of the Himovitz's beautiful home, expectations exceeded. CBB's first ever Cantors in Concert was a true success, featuring our amazingly talented Cantor Mark Childs, along with Cantor Jonathan Grant, Tenor Benjamin Brecher, and a few surprise guests.







*We owe very special thanks to our generous sponsors, who made Cantors in Concert as well as much of the year's musical programming possible.*

*Event Hosts:*

**Roger and Robin Himovitz**

*Honorary Concert Chairs:*

**Ruelene, Daniel, and Mandy Hochman**

*Event Committee:*

**Maia Lowenschuss Palmer**, Music Trustee  
**Shari Childs, Debbie Hartzman,**  
**Robin and Roger Himovitz, Dean Janoff,**  
**Elizabeth Karlsberg, Karen Spechler**

*Wine Donors:*

**Debbie and Steve Hartzman,**  
**Cindy and Steve Lyons, Bernice and Louis Weider**

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**Maia Lowenschuss Palmer and Robert Palmer**

*Temple Choir (Shabbat Services and Concerts)*

**Mrs. Raymond King Myerson**

*Religious School Music Education*

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*Religious School Music Education*

**Karen Spechler**

*CBB Music at the Jewish Festival*

**Anne and Michael Towbes**

*Song Leaders Institute*



## 2012 Heritage Fellowship Recipient

*the nation's highest honor in traditional arts*

# The ANDY Statman TRIO★

Andy Statman on mandolin and clarinet,  
Jim Whitney on bass, and Larry Eagle on drums

Andy has played with everyone from Itzhak Perlman to Jerry Garcia, and is one of the world's premier performers.



**February 18th**

Monday | 7:30 pm

**Congregation B'nai B'rith**

1000 San Antonio Creek Road  
Santa Barbara, CA 93111

General Admission: \$25

Preferred Seating: \$40

*Purchase your ticket now!*

*Visit [www.cbbsb.org](http://www.cbbsb.org) or  
call Congregation B'nai B'rith  
at 805/964-7869*

*"Statman is an inspired clarinetist, whose ecstatic improvisations on Chassidic themes express the mystical nature of Judaism through wild flights and leaps into the unknown." Bay Area Reporter*

*"He segues from bluegrass to jazz to klezmer faster than you can say 'multiculturalism.'" New York Live*

# Shabbat Shira

A special CBB choir service  
with the Unitarian Society choir  
and their minister  
Reverend Aaron McEmrys

January 25

5:30 pm Pre-Neg

6:00 pm Shabbat Service

the 3rd Friday  
of each month

5:30 pm

PRE-NEG

Wine, Cheese  
and Schmooze

6:00 pm

SHABBAT

SERVICE

with The Temple Band



JANUARY 18

FEBRUARY 15

MARCH 15

Join us for this  
wonderful CBB  
tradition

# THIRD FRIDAY RUACH

Lively!

Fun!

Uplifting!

## Jewish Life in Sound and Space

The Intersection of Music, Architecture, and Religion in Late 19th century Berlin and Vienna



Sunday, **February 10**

3:00 p.m.

Lotte Lehmann Concert Hall  
Music Department, UCSB

For ticket info, go to [www.music.ucsb.edu](http://www.music.ucsb.edu)

*A multi-disciplinary lecture and concert performances*

Singing the Masterworks of

**Solomon Sulzer and Louis Lewandowski**

**Prof. Benjamin Brecher**

Tenor, UCSB Music Department

**Cantor Mark Childs**

Congregation B'nai B'rith

**The UCSB Chamber Choir**

under Conductor Michel Marc Gervais

**Religious Practices in the Lives of the Jews**

**Prof. Richard Hecht**

UCSB Religious Studies Department

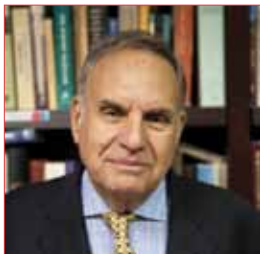
**The Grand Synagogue Architecture  
of Vienna And Berlin**

**Prof. Volker Welter**

UCSB History of Art and Architecture Department

# ALL THE WORLD

by Rabbi Ira Youdovin



For the past two years, CBB's Avoda service on Yom Kippur afternoon ("From Creation to Redemption") has concluded with the hymn "All The World." For some, it's been a nostalgic blast from the past. For others, it's unlike anything they had ever before heard in a synagogue.

Both reactions are understandable.

Although "All The World" sounds like it came from a Protestant hymnal, it has an impeccable Jewish pedigree. The text is a medieval piyyut, one of the many brief liturgical compositions written by now anonymous pietists for the day-long Yom Kippur service. The English translation is by Israel Zangwill, a leading Jewish intellectual of Victorian England. The music is by A.W. Binder, a major American Jewish composer and musicologist of the mid-twentieth century whose research proved that the melody of Hatikva, Israel's national anthem which is generally thought to have been stolen from the

Czech composer Bedrich Smetana's tone poem 'The Moldau', had been sung by Jews for a millennium before Smetana stole it from us. Can't get more Jewish than that!

"All the World" is a relic of classical Reform Judaism, an era that began with our movement's birth in early eighteenth century Germany and was brought to America several decades later by immigrants from central Europe.

Jews emancipated from the ghetto found that the synagogue service they had known for centuries had become antiquated. Living among Christian neighbors whose lifestyle they emulated, they patterned their services along Protestant lines. Musically, the cantor's a capella chanting gave way to a choir, accompanied by an organ, singing new melodies written in the style of opera, high church hymns, and popular Central European folk tunes. Yes, the traditional Ein Keloheinu does sound like an old German drinking song.

Binder's music was actually *avant garde* for its time. On Rosh Hashana, the dissonant sound of the shofar was replaced by the more melodious French horn. T'kiya was rendered as two notes which were repeated with increasing speed until they resembled the call of a hunting horn, and then elaborated by the massive pipe organ and enlarged choir until one might have thought that Wotan and his court were approaching the gates of Valhalla.

Abandoning the shofar was a mite extreme. But a more mainstream style of classical Reform prevailed in American Reform synagogues until the 1960's, when it was nudged out by Shlomo Carlebach (z"l), Debbie Friedman (z"l), Israeli and summer camp tunes, cantors playing guitars and now. Only a few classical pieces are heard at CBB, most notably Louis Lewandowski's great Tzadik k'Tamar.

Those of us who were weaned on classical Reform love the service at CBB. But sometimes we miss the high-churchy ambiance we knew "back in the day." So now-and-again why not experiment with an "Old Timers Night" at CBB, a Friday evening service done in the classical mode?

With a little imagination, we could do it up right. Clergy in pulpit gowns. (Rabbi Cohen and Cantor Childs would have to dig theirs out of mothballs. Rabbi Stone would have to buy or borrow one.) The Oneg Shabbat would eschew hummus and other new-fangled treats and revert to sticky, caloric shneken, with large napkins available for those who wished to swipe a few to take home.

It's no substitute for Ruach Shabbat, the Temple Band and Soul Aviv. But for those of us who sang the old songs when they were the new songs --- call us the "Generation of the Rosh Hashana French Horn"---it would be a delicious leap backwards to a world that has virtually disappeared.

Gather together for hors d'oeuvres



## Progressive Dinner

May 11 | Montecito

Dinner: numerous members open their homes and share their culinary specialties



Dessert: together at one home, A lovely ending to a fabulous evening





# Purim

## Erev Purim

Saturday, **February 23**

### Pour'em Shushan Bar

21 years and older | Teen Smoothie Bar

6:15 pm

### Megillah Reading

7:00 pm

## Purim Shpiel/Carnival

Sunday, **February 24**

10:00 am - 1:00 pm

Games | Food | And Lots More Fun

*Major Temple fundraiser for Beit Ha Yeladim Preschool and the Religious School*

*Silent Auction | Party Books | Raffle*

*Help us raise \$30,000!*

## Mishloach Manot

*Mishloach Manot: According to Jewish tradition, on Purim every Jew should send a gift consisting of two different types of food to at least one recipient. Many Jews around the world and some right here in Santa Barbara, begin days before the holiday preparing baskets of fruit, hamantaschen, chocolate, raisins, juice or wine to deliver to their friends, both Jewish and non-Jewish, on Purim day. This practice is called "mishloach manot" and the little gift packages are called "shlach manot." It is one very simple and uncomplicated way of increasing love and friendship in our world.*

This Purim we will be experimenting with a program that encourages families to give shlach manot to other families. It is a wonderful way to experience the mitzvah of Purim. This year a small number of families will be asked to participate. We want to use this opportunity to work out the best way to celebrate this wonderful tradition each year. In addition, it will also be a small fundraiser for our schools. Watch for information soon.

## Tot Shabbat

*Celebrate Shabbat with Your Family  
For families with children 7 and under*

**2nd Friday of the month**

February 8 & March 8

5:30 pm

*A short Shabbat Service  
with songs, prayers and a story*

6:00 pm

*Join us for dinner and a chance  
to connect with other parents  
while the children are in childcare*

*RSVP for dinner and childcare  
to [kara@cbsb.org](mailto:kara@cbsb.org)*

# Fundamentals of Judaism

## A Year-Long Exploration



### Sundays

**12:30 pm to 2:00 pm**  
with **Rabbi Steve Cohen**

*This course is designed both for those who are exploring Judaism for the first time, and also for anyone feeling the need for a fresh look at the fundamental wisdoms and practices of our religion.*

January 20	Jewish Life Cycle I: Birth and Coming of Age
January 27	Jewish Life Cycle II: Wedding and Marriage
February 3	Jewish Life Cycle III: Death
February 10	Purim, The Jewish Mardi Gras: Customs and Layers of Meaning
February 17	President's Weekend: No Class
February 24	Purim: Close reading of the Book of Esther
March 3	Jewish Mysticism: Reflecting upon the sessions with Danny Matt
March 10	Tsedakah: Providing for the Needy
March 17	Passover: Making a Seder
March 24	Guest Teacher

*Regular attendance at this class fulfills a basic requirement for conversion to Judaism*

Free for CBB members | \$200 for non-members of CBB

Enrollment remains open throughout the year

*Childcare will be provided upon request*



*David is board licensed in traditional Asian medicine, acupuncture, herbal medicine and clinical nutrition. A tireless investigator into the causes of disease, David works with his patients, through natural therapies, to bring them improved health and balance.*

CBB Sisterhood *presents*

## Unlocking Inflammation:

### Unlocking The Key To Arthritis, Memory Loss, Heart Disease and More

*David Gaynes, L.Ac., M.T.O.M. Holistic Health Practitioner & a CBB member*

Wednesday, **February 20** Noon

- Everyone is talking about inflammation: what it is, what it is doing to our bodies and how we can prevent it.
- Simple, practical solutions that can make a difference in how you feel right away.

*We thank the following extraordinary women for preparing the lunch for this program: Judi Koper, Ruth Johnson, Dian Pulverman, Kate Shevitz, Gail Teton-Landis, Rachel Wilson, Natalie Simons and Belinda Zola*

\$10 for Sisterhood members

To join Sisterhood call Beverly Kowalsky-Ching at 964-5411

RSVP: Wilma Chortkoff - 967-4527 or Natalie Gaynes - 964-5803



To raise \$36,000 to fund a double patient room in the Sarah Wetsman Davidson Tower Hadassah Hospital, Jerusalem

# PRE-LOVED ART

Sunday **March 24** 1-4 pm

CONGREGATION B'NAI B'RITH

Donated art on sale  
**100% of proceeds to Hadassah**

Do you have something in the garage?

Do you want to make space for something recently acquired?

Are you downsizing?

*your donation is 100% tax deductible*

To donate or if you have questions: Call Event Chair, Linda Schwartz at 805/964-4424

## Other Upcoming Hadassah Events

January 20 **Meet the DA** - Valle Verde - 7:30 pm - No charge

March 10 **Fit & Stretch** with Shirley Lehrer - Maravilla - 2 pm - No charge

June 23 **Toby Tournament** - Mah Jong - CBB - 12:30 - 4:30 pm

rsvp: Cheryl Welkowsky at 967-9651

### *Teenage Trials continued from front cover*

NFTY (National Federation of Temple Youth) regional event. NFTY instilled in me a sense of Jewish identity I had never felt before. Spending time with hundreds of other Jewish teens changed my perception of what being part of a community really meant. I came back to my home congregation exhilarated, ready to start a new chapter in my life. I joined my temple youth group, was elected to the teen leadership board, and enrolled in a post-Bar Mitzvah Jewish education program. Before I knew it I was attending Jewish leadership summer programs, leading services at the temple, and making Judaism an active part of my everyday life.

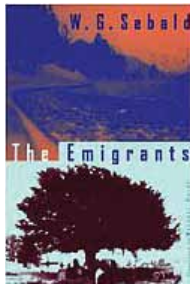
Many of our teens here in Santa Barbara are just now hitting this same point in their life. It is a time of internal struggle

to answer questions such as: Who am I? Where is my life heading? What does Judaism mean to me and should I prioritize it in my life? As deep as those questions may be, there is one that trumps them all: On top of pressure from school work, extra-circular activities, and the stress of getting into college, how can I manage to be an active member of the Jewish community? The answer is much simpler than many teens (and their parents) may think.

Here at Congregation B'nai B'rith, we are working towards creating a community of warmth and caring for over-worked and under-slept teenagers. With a talented and more importantly passionate group of teen leaders on the board of SBORTY (the Santa Barbara Organization of Temple Youth),

*continued on page 26*

# Jewish Book Club



Sunday, **April 14**

9:30 am Nosh  
10:00 am Program

## **The Emigrants**

by W.B. Sebald

W. G. Sebald explores the psychic devastations of

World War II, the shape of German and Jewish identity and disidentification, and the “lagoon of oblivion” that is postwar memory loss.

*facilitated by:*

UCLA Professor **Charles Lynn Batten**  
A master teacher.  
Immensely popular and thought-provoking.  
More info: [www.cbbsb.org](http://www.cbbsb.org)

## **2013 Schedule**

Sunday, June 9

**The Finkler Question** by Howard Jacobson



# Passover

March 25	5:30 pm	First Night of Passover Potluck Vegetarian Seder details to follow
March 26	10:00 am	Yom Tov Morning Service
April 1	10:30 am	7th Day Morning Service with Yizkor
	1:00 pm	Yizkor Healing Service with Rabbi Suzy Stone

*Operation Pillar of Defense...Gaza War...Israeli Elections...Iran...Obama's Second Term...Arab Spring...Mohamed Morsi...Hamas...  
Fatah... Palestinians... Likud...Haredim... Women of the Wall...Netanyahu...Avigdor Lieberman*

# WHAT'S HAPPENING IN ISRAEL AND THE MIDDLE EAST?



A 4-session mini-course  
led by **Rabbi Ira Youdovin**  
7:30-9:00 pm  
January 8, 15, 22 and 29

*The specific topics to be discussed at each session  
will be listed in Monday's CBB eNews*

The past year has seen a miasma of activity both inside Israel and throughout the Middle East, with repercussions in Washington, Moscow, London, the United Nations and elsewhere. Israeli national elections are scheduled for January 22. We will know the results when we meet that evening, and will be able to speculate on what lies ahead. Ira will share impressions and information from his recent trip to Israel on the Jewish Council of Public Affairs Leadership Mission, where he met with top Israeli and Palestinian leaders.

*About Rabbi Youdovin: Chair, Jewish Community Relations Committee of the Jewish Federation of Greater Santa Barbara Santa Barbara Israel Task Force Member; National Board Member and Chair of the Committee on International Jewry, Jewish Council of Public Affairs; Exec VP Emeritus of the Chicago Board of Rabbis; Founding Director of ARZA.*

# Mazel Tov!



We welcome Elizabeth Gaynes as our new Membership Director, responsible for recruiting, enrolling and engaging the members of CBB. She joins the professional team after a decade of volunteer and leadership roles including serving on the board of CBB as Preschool and Social Action Trustee, Chair of Mitzvah Day, Annual Gala and The Year of Living Torah Programs. Elizabeth grew up in Los Angeles and is a UCSB Film Studies graduate, followed by a thirteen year career as a Publicist and International Marketing Executive for Universal Pictures. She, her husband David, and children Sophia and Max returned to Santa Barbara in 2001, and since then she has balanced life with work as a Personal Development Coach and Project Consultant.

Julia & Phillip Stephen on the birth of their grandson, Bryce Garrison Stephen, who was born to Michael & Becky Stephen on September 16th



Cody and Patty Makela, daughter of Mike and Linda Kaufman, on the occasion of their marriage on September 14th



Jared (& Jamie) Stein, our dreadlocked, former CBB Music Educator, on the birth of their first child



Paula Steinmetz and Allan Morton on the birth of their granddaughter, Evelyn Dawn Ohlgren, on August 29th



Rabbi Steve and Marian Cohen on the engagement of their daughter Rachel to Zach Eilon

Sara Elissa Whiteley (daughter of Paula Rudolph and Scott Whiteley) and Christopher Michael Crompton who were married on October 27th

## A HUGE SUCCESS!

### High Holy Days Food Drive

CBB members donated 968 pounds to the Santa Barbara FoodBank. It was enough food to make 1,234 meals and feed 123 families! Awesome!



# THANK YOU!

*To the CBB Community,*

*The families of Edward Caplan,  
Gail and John Kahan and Paul and  
Bonnie Caplan thank you for your many  
expressions of sympathy and support on  
the loss of our beloved Dorothy.*

*CBB is proud to announce that it has joined*

## **The Alliance for Living and Dying Well**

The Alliance includes the leadership of Hospice, Visiting Nurse Association, Cottage Hospital, Vista del Monte, Sarah House, and several other organizations and faith communities. The focus is on the extreme importance of family conversations about end of life decision making, BEFORE the crisis hits in the Intensive Care Unit.

Watch for our congregation's programs and efforts to promote these crucial conversations between family members and their physicians.



MAY THEIR  
LIVES BE  
FOR A BLESSING

**September - early December 2012**

**Minna Stone**, mother of Richard Stone and Stephen Stone, mother-in-law of Sharyn and Susan, and grandmother of Ellen

**Betty Richman**, mother of Jeff Richman, mother-in-law of Katharine Metropolis and grandmother of Daniel Richman

**Lewis Howard**, long time Temple member

**Emma Kathryn Morrow**, mother of Mahela Morrow-Jones, mother-in-law of Jonathan and grandmother of Dylan and Brendan

**Dorothy Caplan**, wife of Edward Caplan, mother of Gail Kahan and mother-in-law of John

**Brian Silverman**, brother of Lee Silverman, brother-in-law of Amy, and Uncle to Craig, Danny, Carly and Brett

**Lea Zonen**, mother of Ron Zonen

**Jeri Eigner**, long time CBB member

**Stephen Lee Solomon**,  
father of Rabbi Alyson Solomon

---

*Ha'makom yena'hem etkhem betokh  
she'ar avelei Tziyon v'Yerushalayim.  
May God console you among the other  
mourners of Zion and Jerusalem.*

## Honor Your Loved Ones

**Yahrzeit** is the annual memorial of a loved one's passing. It is traditional to light a candle on this anniversary at home and to read his/her name at a Shabbat service. At CBB we would be happy to send you a reminder each year, letting you know when to light the candle and when your loved one's name will be read at Shabbat services.

**Memorial Plaques** are another way to honor your loved ones. All of the bronze plaques in CBB's sanctuary are memorial plaques. This quiet symbol gives your loved one a Jewish home in perpetuity. A \$500 donation is requested.

*If you are interested in learning more about these opportunities, call the Temple office at 964-7869*

*Teenage Trials continued from page 22*

CBB's senior youth group program) we have already begun taking major steps towards the future of teen life. Our new youth lounge is set to open its doors for the very first time this month. It provides a private space that teens in our community can use for social connection, outreach, and support, as well as for learning in a Jewish environment and catching up on school work. There will be a couch for relaxing, a desk for working, and a countertop for snacking, as well as a projection screen and sound system for entertainment, special programs and presentations. The new lounge will be the centerpiece of a revamped youth program designed to attract teens and encourage them to spend more time at CBB without it interfering with the hectic lives they already live.

One of my top priorities as a professional Jewish youth advisor is to help our teens understand life in a way that relieves their anxieties by helping them seek out their true passions and potential. Teen programming and community building at CBB means finding a place of belonging, creating bonds and friendships that will last a lifetime, empowering youth to set and accomplish higher goals, giving back to the world around us, and doing it all in a Jewish context. When I found my Jewish identity as a teenager through Jewish youth programs, I was

saved from the state of mind that what others thought I should be was more important than being who I was. Now is the time to pay it forward.

*This article is dedicated with pride to Lindsey Morgan, who was my youth group advisor for my entire high school career. She showed me what it meant to unconditionally love and care for every child, pre-teen, and teenager who ever walks through my door.*





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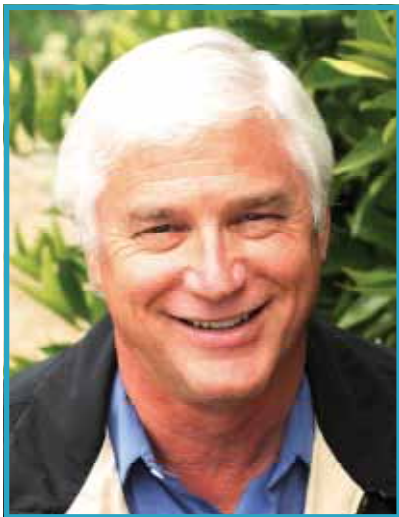
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# Todah Rabah to All

*CBB is blessed with incredible members who give their time and talents.  
For After Labor Day through November we want to thank the following members:*

**High Holy Days:** Thank you to everyone who helped make our High Holy Days special. A special thank you to **David Shor**, our Head Usher; **David Teton-Landis**, our videographer; **Judi Shor**, for beautifying our room; **Carol DeCanio**, for keeping the Torah silver polished, **Amy Locke** for coordinating CBB's Annual Food Drive, and all of our **Choir Members** and **Ushers**.

**Sukkot and Simchat Torah:** It takes a team to put our sukkah up each year. This year we thank **Kate Shevitz** for the creating and coordinating the decorations and everyone who helped to build the sukkah.

**The Temple Band** for playing on **Simchat Torah: Daniel Hochman, Adam Spechler, Howard Zisser, Noah Zisser, Dean Janoff, Cantor Childs** and **Mark Casselman** on sound.

**Mitzvah Day:** This community wide program would not happen without the leadership of co-chairs **Julie Fishman** and **Marina Stephens**. A special thank you to all of the project chairs for leading the many projects offered, the **B'nai B'rith Lodge** for donating and organizing breakfast, and **Jesse Colman** and the teens for the ice cream bar.

**Sisterhood** for a fantastic Membership Paid-Up Luncheon and a great welcome for Rabbi Stone.

**Lynne Glassman** for coordinating the Mental Health Initiative program on Anxiety

**Linda Schwartz** for organizing the Hanukkah Boutique.

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**From Kabbalah to the Big Bang:  
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**March 1**  
**Friday Night Shabbat Service**

6:00 pm

**Guest Sermon: Shekhinah: The Feminine Half of God**

*One of the boldest contributions of Kabbalah is the idea that God is equally female and male. Daniel Matt will briefly trace the development of Kabbalah and then focus on the concept of Shekhinah (the feminine aspect of God) from its rabbinic origins to its full flowering in the Zohar, where Shekhinah is identified with the Sabbath Bride.*

**March 3**  
**Sunday Morning Live**

Breakfast 8:45 am

Program 9:45 am

**God and the Big Bang: Discovering Harmony between Science and Spirituality**

*Explore the parallels between Kabbalah and contemporary cosmology. How does the mystical understanding of Creation compare with the modern theory of the origin of the universe? Is there a way to harmonize these two approaches, the scientific and the spiritual?*