

# VOICES

## CONGREGATION B'NAI B'RITH

Spring 2013 Quarterly Journal Vol. 87 No. 2

Nissan - Tammuz 5773

### Rwanda UBUMWE PRESCHOOL



*Evelyn Laser Shlensky Tikkun Olam Award  
and the URJ FAIN Award  
see details page 2*

*In 2008, Henry Wilson, traveled to Rwanda with a group of Santa Barbara Middle School students. They were inspired by Frederick and Zachary's commitment to their community. Henry, with the support of his family, then organized our first Mitzvah Day project to support the Ubumwe Center.*

After 3 weeks experiencing first hand the poverty of Rwanda, the long-term effects of a nation torn apart by genocide, and the amazing perseverance and kindness of nearly every Rwandan I met, I developed an extreme attachment to the people of this small country. I felt a deep connection between the Rwandan people's struggles from their genocide and my grandparents' experiences in Nazi concentration camps. It was humbling to experience the resilience of the Rwandans who had lived through almost unheard of atrocities and were living in impoverished conditions few of us have ever endured and yet they were some of the most welcoming, warm and kind people I have ever met. The bond was immediate and intense. I played soccer with orphans who shared my age, but not my possession of even the basic necessities such as shoes. I biked through small villages being chased by smiling clouds of small Rwandan children. Jewish tradition teaches that life is valued above all else. And Hillel said "If I am not for myself, who will be for me? And if I am only for myself, what am I? And if not now, when?" Meeting the Rwandan people made Jewish learning become real for me. It made me know that I had to find a way to help these invaluable lives.

*Henry Wilson (son of Rachel & Walt)*

*more about the preschool on page 8*

"Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious." Ruth Reichl

Congregation B'nai B'rith is honored to invite you to

## THE 2013 CBB PROGRESSIVE DINNER

AN EVENING OF FRIENDSHIP, COMMUNITY BUILDING AND SCRUMPTIOUS FOOD & DRINK

Saturday, May 11 | Montecito, California

HORS D'OEUVRES 5:30 PM  
AT THE HOME OF  
STEPHANIE AND JIM SOKOLOVE

DINNER AT THE HOMES OF  
GRACIOUS TEMPLE MEMBERS

DESSERT 8:45 PM  
AT THE HOME OF  
DEBORAH AND STUART FUSS

\$150 DONATION PER PERSON  
\$36 DONATION DESSERT ONLY  
100% TAX DEDUCTIBLE

RSVP AT [WWW.CBBSB.ORG](http://WWW.CBBSB.ORG)  
OR CALL TEMPLE OFFICE 805-964-7869

Event Co-Chairs

Misha Cooper, Sharon Goldberg, Sarice Silverberg



Celebrate with us! Honoring our Social Action volunteers and contributors who help make the world a better place!



*Evelyn Laser Shlensky*  
*Tikkun Olam*  
*Award*

*CBB Members*

**Pam Gunther**

**Ellen Hunter**

*for their exemplary commitment  
to the children of Rwanda.  
The building of the preschool  
would not have been possible  
without their leadership.*

**plus**

*The Irving J. Fain Award*

*Presented to CBB by the URJ for  
their exemplary work in social justice*

Social Action Shabbat Services | Friday, April 26 | 6:00 pm

8:45 am

**Best Darn Breakfast, PERIOD!**

9:45 am

**Speaker**

# SUNDAY LIVE MORNING

**May 5**

## **Fortress Israel: Military Impulse and the Struggle of Peace**

*Newspaper journalist for The Washington Post and The New York Times. Covered defense, intelligence and national policy issues. Author of four books including: Fortress Israel*

**Patrick Tyler**

Highly Acclaimed Author & Journalist



## **Middle East Conflict:**

**June 2**

**Roots of the Conflict, Routes out of the Conflict**

**David Meir-Levi**

Author, Journalist,  
Commentator, Financial Advisor

# unfinishe BUSINESS

a glimpse into life's mystical transitions

*An Original Play* by Rod Lathim

**May 9 | 8:00 pm | Lobero Theater**

*Rabbi Cohen will moderate a discussion after the show on the mystery of the end of life*

*\$20 per person | seating limited*

*tickets available at CBB*

*call 964-7869*

*Sponsored by the Alliance for Living and Dying Well, runs May 9-12. You won't want to miss this funny, touching, and thought-provoking play about that mysterious process we call "end of life."*

**April 15 Film Premier CANCELLED  
at the Riviera Theatre  
Two Who Dared: The Sharps' War**

Friday **June 14** 7:30 pm

Girsh-Hochman Sanctuary



## **2013 Viola S. Girsh Award**

for a lifetime of commitment and service  
to our Temple and the Jewish community

Recipient  
to be announced soon

# MISSION STATEMENT

CBB is a diverse, inclusive community of individuals and families building together a warm and vibrant house of living Judaism.

## CBB Sisterhood GIFT SHOP



The Gift Shop is open during "Sunday Morning Live" 9:30 am to 11:30 am, by appointment, and prior to holidays. For more information call Jessica Glick at 696-6289.

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and rates, please contact:  
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or naish@cbbsb.org

**Ideas for a story? Photos to share?**

*Be a part of VOICES*

**Summer 2013 deadline May 1**

contact Deborah Naish at  
964-7869 x 12  
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**Interested in JOINING CBB?**

Contact Elizabeth Gaynes at  
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# CBB Resource Guide

## HOSPITALIZED?

Our clergy would like to visit and offer their support and encouragement. If someone you know is in the hospital, please call the Temple office. Privacy policies prevent hospital staff from automatically calling the Temple.



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Rabbi Steve Cohen

# Ask the Rabbi

Ask yourself if there has ever been a time when some person or group really helped you. Maybe someone brought you a meal when you were sick. Maybe someone helped you clean your house, or took time to teach you a new skill. If there was someone who really helped you, maybe you can repay that favor by helping other people in a similar way.

Read the local paper and take note of any stories of organizations that sound interesting and appealing to you. Then just call and ask to speak to their volunteer coordinator. If they are doing a good job, they will get back to you!

Meditate about this. Take some time to sit quietly, or go for a walk, and simply let your mind roam...but keep coming back to the question, "How can I be of service?" You might be surprised by the clarity of the answer you receive.

Don't spend any more time thinking about this. Just do something. Anything. If that thing feels right, do it again. If not, pick something else!

Call CBB's Membership Director, Elizabeth Gaynes, and tell her you would like to get involved. She will point you in a good direction!

*Note: see page 13 for a list of CBB's currently active social action projects. Many other volunteer opportunities are also available.*

## Question:

*I believe in the importance of tikkun olam and would like to be of service but I am overwhelmed by all of the different good causes. Many seem worthwhile and important. How can I choose just one?*

## Answer:

I'd like to offer a number of different ways to approach this decision. Maybe one of them will feel right to you. Ask your friends which of their volunteer activities they find most rewarding, and if they name one that sounds good, ask if they can help you get involved.



## Renewal of Vows

by Julie Fishman



Sebastian and I would like to thank the community for letting us be the couple to renew our vows this year with the CBB Religious School. It was a wonderful way for us to reconnect as we got ready for the day and it was fun for this to be a teaching opportunity for the kids. The children contributed such wonderful gifts to us like a beautiful painted chupah, handmade paper flowers, food, singing, dancing and more. We really cherish the incredible poster that is filled with small images of a wedding and our ketubah in the center. On a personal note, Sebastian and I lost our ketubah about 12 years ago in a move; this wedding was a wonderful opportunity for Rabbi Cohen to help us replace it with a new one. We feel much better now that we have a ketubah back in our home. Thank you to all the staff, teachers and students for their hard work and love.



# Only Connect, or, What Our New Siddur Means to Me

by Susan Rakov

As a New England-raised political organizer and editor who is still surprised to find herself in Santa Barbara after more than 20 years here, and as a lifelong introvert with a little too tragic a sense of life, I find that I need God.

It's not that I "believe in" God. I bristle at the suggestion that what is called for is belief, as in the Tooth Fairy, or Santa Claus. For me, God is a choice I make every day. When I'm confronted with my flaws, my sadness or my shame, I choose not to be all alone with the pain. When I am struck by grief, I choose to have a target for my sorrow, my questions, my anger. When I am dizzied by gratitude, I choose to have some One to thank. I choose God.

It is this choice, this dance with God, that has propelled me into community. I have been a Shabbat morning services "regular" since 1997, first at the Isla Vista Minyan and now at CBB. That's more than fifteen years' worth of Saturday mornings spent learning, reading, swaying, singing among faces that first were unknown, then became familiar. I developed an urge to pray in community each week – an urge that is indistinguishable from the desire to be among these people who have become MY Jews ... to learn from Steve's passion and humor, to stand singing next to Marian, to lock gazes with Judy, to harmonize with Mark, to discover what ideas Sheila is incubating this week, to hug Amy, to greet Margaret and Alan and feel well-met. Choosing God, for me, means choosing connection.

From Saturday morning minyan participant to CBB Religious Practices trustee felt like a big jump 18 months ago, but in retrospect makes perfect sense: I feel an urge to pray, I'm an editor, and I am called to build community. When my rabbi asked me to work with him on a new Shabbat siddur, I was a little bit scared, but somewhere inside me a couple of skill sets were rubbing their palms together in gleeful anticipation.

And we did have a wonderful time. From the first time I read Steve's gripping, earthy translations and sensed what was possible, to the evening conversations in the summer of 2011 when fifty congregants grappled honestly and lovingly with the challenge of placing ancient words in living context. From the hours in Steve's office when we teased phrases into their truest shapes, to the meetings with Mike Silverander in which his simple "design elements" transformed letters and spaces into

art. And beneath it all, the gentle drumbeat of Rich Parisse's weekly question – when will this thing be done?

On that first night when we finally used our new siddur together in the Girsh-Hochman Sanctuary, we welcomed the Shabbat bride and this slim long-awaited volume with deep shared joy. That night I felt --and I hope you also felt-- how we are connected, not just through our building, our friendships, or our shared experiences, but also through this book we've made together, from which you and I pray together. I saw that with this book we have written ourselves into the ancient prayers, and become part of the story.

Thank you, Adonai, for helping us to keep choosing to connect, and for this chance to bring what I can to help build Your house.

**NEW**

CBB Siddur

## Mashiv HaRuach for Shabbat

*Help us make our Siddur a reflection of our community. Dedicate a bookplate for the inside front cover. For your \$180 donation, you can:*



- Commemorate A Special Occasion
- Honor or Remember a Loved One
- Share a Few Personal Words

*You can find details on our website at [www.cbbsb.org](http://www.cbbsb.org) or by calling the Temple office.*

## Tikkun Olam Bar/Bat Mitzvah Projects: Raising Money or Materials for Ubumwe Preschool

"After having Frederick stay at our house several times, I really got to know him and realized how important it was to Frederick to build this preschool. He helped me understand how important it is for the young children in Gisenyi to have a place to go and learn and be safe during the day. I knew I had to make it part of my Mitzvah Project."

*Ginny Hunter*

"We heard about the Ubumwe preschool project from our relatives in Santa Barbara. One of us has always had an interest in early education, and the other has always been interested in working with people with special needs. This project seemed like a perfect combination of our interests and an opportunity to really make a difference in the world. We were inspired by Fredrick's story and how he doesn't let anything stand in his way. It was so special to be a small part of making his dream a reality, and to get to see the pictures of children learning in his new school."

*Sophie and Olivia Fennell*

*Susan Rakov's nieces from Weston, MA*

"It was a great experience for me that our family hosted Frederick and Zachary. I had a unique opportunity to hear a very sad but real story about what happened in Rwanda. I was so impressed by Frederick's story about surviving a terrible thing, but then making a wonderful thing happen for others. I felt I wanted to help fulfill their dreams and to help children."

*Adam Gross*

"The reason I donated to the Rwanda preschool is because I think every person should be treated equally no matter where they live. I wanted to give this experience to the kids of Rwanda. I was also really inspired by Fredrick's story and wanted to help out."

*Quinn Stone*

"I thought it was such a great cause and it would help build a great foundation for so many kids. Hearing that kids didn't have the resources to be educated at a young age was devastating."

*Tally Wimbish*

# UBUMWE PRESCHOOL

by Hallie Avolio

If you were to see the beautiful paintings of Frederick Ndabaramiye, you would find it very hard to believe that he created his masterpieces without a critical body part—his hands! Frederick was a victim of the 1994 Rwanda Genocide, yet he turned his anger and grief to peace through learning how to paint. He has also committed his life to bettering his Rwandan community through building the Ubumwe Center and most recently completing the Inzu Y'Abana preschool to educate the youngest members of the village.

Frederick's story is both tragic and inspiring, and we are so lucky to have the opportunity to know him and Zachary Dusingizamana through our Global Justice efforts at CBB. Back in 2009, Rabbi Cohen reached out to our Temple community looking to re-invigorate our Global Justice Committee. Through the leadership of Rachel Wilson, Pam Gunther and Ellen Hunter, the Ubumwe Preschool Project was born.

It has been a labor of love to educate our community about the atrocities that took place in Rwanda during the mid 1990's, emphasize the connection of the Rwandan genocide to that of the Holocaust, and find a way to make a difference now. Building this preschool affords the people of Gisenyi the opportunity to educate their children on a beautiful, new campus. Although CBB has been the coordinator and main supporter of the preschool program, it has truly been a community effort in Santa Barbara to make this dream a reality.



*Ubumwe Preschool Students*



*Kids in their Ubumwe Preschool*

Whenever I am not in school, dancing, or studying for my Bat Mitzvah, I like to volunteer at Beit Ha Yeladim preschool. I love connecting with the children, watching them grow and helping them learn. I have seen how valuable a preschool is to the children and their families and I want this for the families in Frederick & Zachary's village as well.

*Lylah Ehrnstein*

I met Frederick at Temple and heard about the Preschool. I thought the kids in Rwanda would enjoy soccer because it has meant so much to me as a kid. So I gathered soccer balls, pumps and cones so that they could play too. I hope they enjoy them and get to have a good experience.

*Allyse Birken*



*Ubumwe Preschool Playground*



*Bob and Doris Schaffer traveled to Rwanda in March bringing supplies as well as drawings from and photos of Beit Ha Yeladim Preschool children*



**House of the Children, Inzu Y'Abana, is a sister school to Beit HaYeladim.**

Originally introduced to Frederick and Zachary through John Seigel-Boettner, a teacher at Santa Barbara Middle School, members of the Global Justice committee invited Frederick to Santa Barbara to meet our community and participate in Mitzvah Day. Beginning in the fall of 2010, and several times after that Frederick (and on one occasion, Zachary) spent time in Santa Barbara and truly got to know our CBB community. They stayed at temple members' homes, visited with our children at BHY and Religious School, and other public schools in town, and even attended courses at Santa Barbara City College to help improve their English. Their visits were inspiring to all who met them—to meet these men who have lived through so much yet emit such wonderful, positive energy and joy.

*continued page 26*



# Making a Sanctuary

by Lori Goodman

Like most Reform synagogues around the country, CBB requires students preparing to become Bar/Bat Mitzvah to engage in a community service

project. As any parent of a young teen can tell you, kids that age are notoriously narcissistic. The community service project is a developmentally appropriate way to direct teens outward, helping them become part of the larger community, and to understand that their actions can help change the world. Pretty powerful stuff for a 12 year old!

I have always appreciated the Jewish community's commitment to tzedakah. I'm delighted that we, as a community, take seriously the idea that Kol Yisrael Arevim Zeh le Zeh – all Israel is responsible for one another. Together, we are philanthropic; we understand that each one of us has an obligation to make the world a better place.

Recently, I had the opportunity to see how CBB helps inspire philanthropy in our B'nai Mitzvah students in action. I am the Director of Development at CALM, the only organization solely dedicated to preventing and treating child abuse in Santa Barbara County. Last month, I received the following e-mail from CBB congregant Ava Samuels: Dear Ms. Goodman, My name is Ava Samuels. I am thirteen years old and I am having a Bat Mitzvah in February. I want to adopt an entire therapy room using my own money gained from my Bat Mitzvah for my community service project. Is it possible for me to have a tour of a room and learn more about CALM?

I couldn't have been more delighted. Ava and her mother Kelly toured CALM's therapy rooms and learned about how the toys are used to help children heal from trauma. Ava learned that young children express their feelings and their experiences through play and that the rooms at CALM are carefully designed to create a safe and healing space.

After touring the rooms, Ava and I discussed her Torah portion, Mishpatim, which included detailed instructions from God to Moses on how to build the sanctuary. Ava made the connection between the sanctuary that the Jews built and the idea that CALM's therapy rooms are a sanctuary for our clients. The work that takes place in CALM's room is indeed holy work, and CALM is a place of healing.

During her Bat Mitzvah service Ava said, *“For my community service, I chose to adopt a therapy room at CALM. CALM is an organization that helps children who have experienced [or witnessed] domestic violence and gives them and their family*

*effective therapy. It also gives children a safe sanctuary where they can be truthful and happy. This related to my Torah portion because my Torah portion is about God telling Moses what he specifically wants his sanctuary, the Tabernacle, to look like and have inside so that [God] would feel comfortable enough to live there.... Adopting a therapy room is like this because I am going to be giving a therapy room toys and supplies to make each child and each parent feel comfortable enough to call it a sanctuary.”*

I am honored to help teens (and adults) apply the lessons of our tradition in my career. For more information about CALM, visit our website at [calm4kids.org](http://calm4kids.org), or email me at [lgoodman@calm4kids.org](mailto:lgoodman@calm4kids.org). I am also chairing our Task Force of Youth Engagement. If you'd like to learn more about the many ways to engage teens at CBB, feel free to send me an e-mail or contact our wonderful youth advisor, Ben Mazur, [ben@cbbbsb.org](mailto:ben@cbbbsb.org).



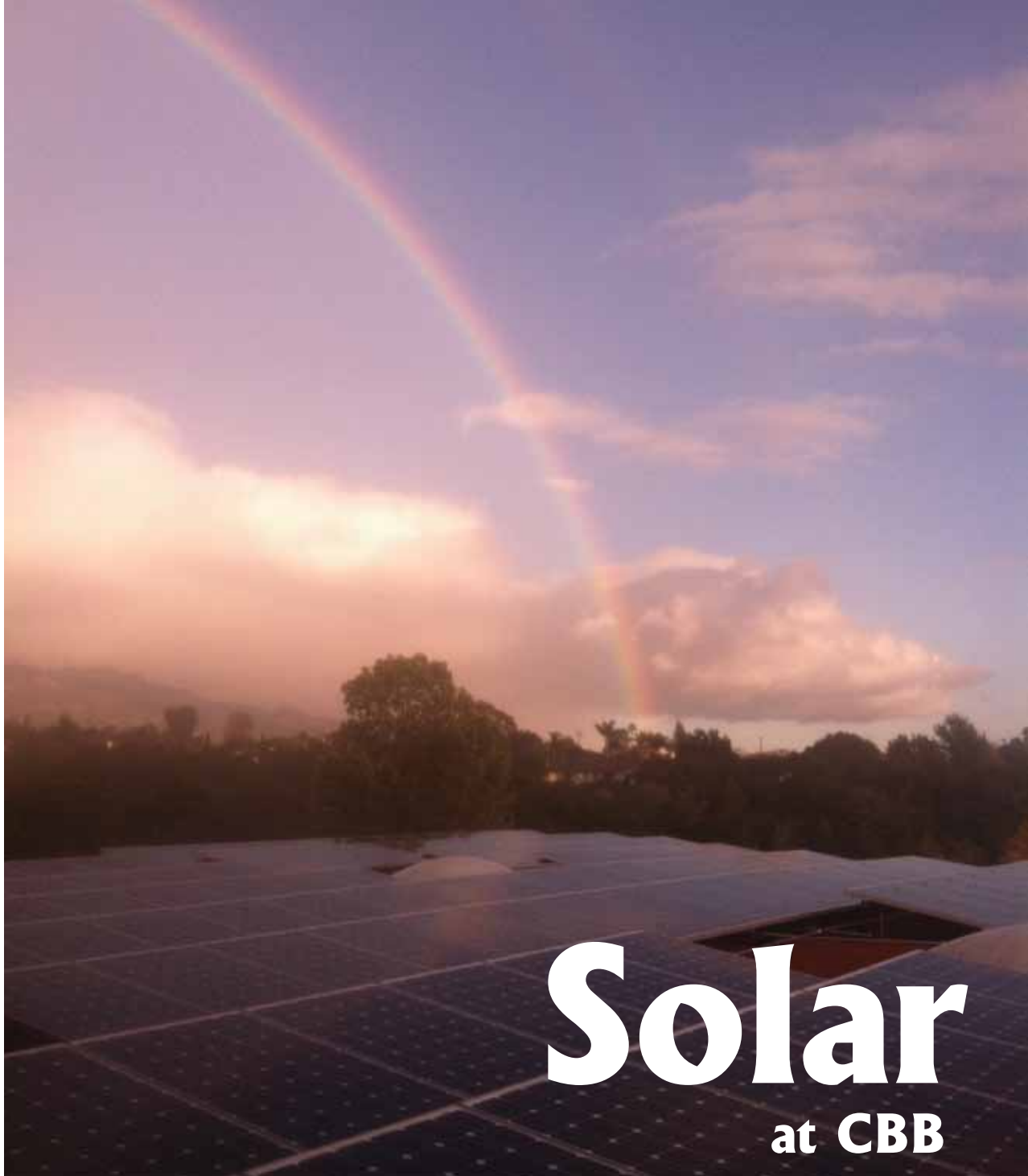
## SBORTY Tikkun Olam by Talia Cohen

**A big part of Jewish teen involvement here in Santa Barbara is social action. We started off the year with SBORTY's "Tikkun-o-Ween event, when teens gathered before trick-or-treating to collect canned goods for the Santa Barbara food bank. Around the holidays, we got together again to bake brownies, which were brought to Transition House for their Christmas Eve dinner.**

**CBB's teens are also part of much larger organizations. In December, the 10th grade Confirmation class went to Washington, DC to participate in the Religious Action Center's L'Taken program with 400 other teens. We attended seminars about current issues and learned what Reform Judaism says about contemporary hot topics. We even got to lobby our senators and representatives on Capitol Hill! We talked about big issues such as gun control, malaria, hunger, homelessness, and LGBT equality.**

**In January, 12 teens attended the Social Justice Kallah with the rest of the SoCal NFTY region. Not only did we see presentations on issues, we got hands-on with many topics including Jewish-Muslim relations, underserved youth, and animal abuse, all with other Jewish teens from Southern California.**

**SBORTY and the rest of the Jewish teens in Santa Barbara continue to work on great projects to improve our world, both near home and around the world.**



# Solar

## at CBB

*by* Ashley Monser

Our photovoltaic solar panel system has been generating power since December 19, 2011. In a little over a year, CBB has generated over 100,000 kilowatt hours, powered light bulbs for 1,327,845 hours, offset 29,558 pounds of coal, and offset 53,987 pounds of greenhouse gas. In a few words, **CBB Is Making The Planet Healthier!** Our hope for CBB to be “a solar light unto the nations” is being realized as we get calls from non-profits all over California eager to learn more about solar energy and how they can construct a system for their own buildings. We are only too happy to spread the word.

Our solar panel system also serves as a reminder to our community that a small group of highly motivated, innovative, and passionate people can make a difference at CBB. Thanks to the efforts of Rabbi Alyson Solomon, the Girsh-Hochman Family, Stephen Honikman and Wiser Solar, the CBB Green Team, and CBB staff we are on our way to becoming a Green Business. The possibilities to get involved at CBB are endless and we encourage all our members to participate in the growth of our Temple. For the Green Team, it was a shared belief that the mitzvah of tikkun olam is a call for going green and taking care of our planet. What will inspire you?

# Tzedek Tzedek Tirdof

by Rabbi Suzy Stone



*Justice, justice you shall pursue - Deuteronomy 16:20*



This quintessential Jewish mandate seems like a simple statement. But for millennia the real Jewish question has been: How are we supposed to pursue justice?

This particular verse above is in a section of the Torah

that teaches us that one way to achieve a just society is to create and maintain a working court system with reliable witnesses and judges. Other parts of the Torah teach us that to pursue tzedek, we must leave the corners of our fields not harvested so that the needy have enough to eat. Countless other times we are told to protect the orphan, the widow, and the stranger within our midst.

Yet, in a modern world, where most of us are not working in the fields or in the justice system, what does it mean to pursue justice in a Jewish way?

The CBB community has been committed to a wide array of social action projects. To name a few, I have learned about our efforts to provide a safe-haven for political refugees, a disaster relief fund for victims of the Japanese Tsunami, and our successful fundraising to build a preschool for the Ubumwe Center in Rwanda.

It is clear that we are doing great work, but the question remains: how do we decide which projects to take on and what does it actually mean to pursue "justice"? Or, even more broadly, is the pursuit of justice our real goal? Perhaps our ultimate objective at CBB is to bring more peace, understanding, and well being into the world. Or, perhaps we want to do more for charity or to get more people involved in g'milut chasadim, acts of loving kindness? It is clear that there does not have to be one answer to these questions, but I do believe we must engage our community in a more comprehensive conversation about our role as Jews in modern issues of social justice.

For this reason, I have started a small incubator project called the Social Action Roundtable. It is a group of about ten lay leaders who are committed to thinking more deeply about these issues. Ultimately, our goal is to bring questions to the larger community and that we will be able to create our own, new vision of what social action and social justice means for us, here at CBB.

Some of the questions we have been asking ourselves are: what is the difference between social action and social justice? Do we want to choose one project to focus on each year at CBB? What makes a social action project successful? Is our goal to engage the greatest number of members or do we want to make the most impact on a social issue? Should our efforts be focused on local, national, or international issues? Should we be focused on helping Jews in need, the broader community, or both?

These are just a few of the many questions we will be discussing at the Social Action Roundtable between now and June. If you have any thoughts or comments on this topic, please email me at [rabbistone@cbsb.org](mailto:rabbistone@cbsb.org). No matter what direction we decide to move in, I pray that our lives and futures will be energized by our pursuit of justice.

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We may never know what is the "best" way to pursue justice, but what we do know is that this question must be asked at every age and in every generation. Listed on the next page are several of the social action projects CBB members are currently involved in. Please consider contacting the project leaders for more information on how to participate or contact Bob Ingrum, Social Action Trustee, [RIngrum@lanairgroup.com](mailto:RIngrum@lanairgroup.com) or Rabbi Suzy Stone, [rabbistone@cbsb.org](mailto:rabbistone@cbsb.org).

*Join us, Friday, April 26 at 6:00 pm as we celebrate the Ubumwe Preschool and acknowledge our volunteers for all of their work in social action.*



# CBB Mitzvah Projects



## *Pershing Park: Preparing Meals for the Homeless*

Join other CBB members on the fourth Wednesday of every month to serve hot meals for the homeless at Pershing Park. We meet at the bandstand at 5:15 pm and we typically serve 50-100 people over the course of an hour. Volunteers are welcome to drop off food or stay to help serve. Volunteers are needed to cook and to donate paper goods and supplies. Contact Audrie Krause at [audrie@gmail.com](mailto:audrie@gmail.com).

## *Santa Barbara Interfaith Church Rebuild Team*

We are an interfaith team of volunteers who are committed to help rebuild churches affected by arson. Our goal is to help them rebuild their physical building and renew their faith. We have a long-time partnership with the First United Methodist Church. This is an on-going effort, however we only travel when a specific site has been identified. Participation is open to anyone over the age of 16. To learn more contact Don Wolfe at 962-4634 or [dwolfe@gte.net](mailto:dwolfe@gte.net)

## *Transition House: Preparing Meals for Families in Need*

Transition House is an amazing organization dedicated to addressing family homelessness. Since 1984, it has helped families end their reliance on public assistance by providing family-centered support services. For more than 20 years, a handful of CBB members have helped prepare and serve a hot dinner to about 25 families every month (60 people). Please join us to help provide meals to the residents on the second Thursday of each month, from 5:15-7pm. To learn how you can be part of this CBB effort, contact Glen Serbin at 969-1466 or [glen@serbin.com](mailto:glen@serbin.com)



## *Mitzvah Day*

This is our community wide event to make a difference locally and beyond. Hands on projects happen both at CBB and at other non-profit organizations in town. If you would like to be a project leader or are interested in helping to coordinate the program, please contact Rabbi Suzy Stone at [RabbiStone@cbbbsb.org](mailto:RabbiStone@cbbbsb.org).

## *High Holy Days Food Drive*

Every year, CBB holds a food drive that begins on Erev Rosh Hashanah and ends on Simchat Torah. All the food that is collected is donated to the Santa Barbara County Food Bank. If you are interested in helping with next year's food drive, please contact Amy Locke at [amylockesb@gmail.com](mailto:amylockesb@gmail.com)

## *Ubumwe Preschool Project in Rwanda*

This began in the Fall of 2010. Our goal was to build a preschool for the children of Gisenyi, Rwanda and to raise awareness here at CBB about the on-going effects of the 1994 Rwandan genocide. With several other Santa Barbara organizations we raised all of the funding to build the school, which opened January 2013. *While the bulk of our work is complete, we anticipate the need for volunteers on an as-needed basis. To learn more contact Ellen Hunter [ellenhuntersb@gmail.com](mailto:ellenhuntersb@gmail.com); 886-3841 or Pam Gunther [pamsantabarbara@gmail.com](mailto:pamsantabarbara@gmail.com); 698-6622.*

# For My Gift of Life

by Mimi Doohan, M.D.

My mother Ursula Cohn was born in Hamburg, Germany on September 18, 1934 and my father Claude Michel Steiner was born in Paris France in January 1935, his parents having recently relocated from their hometown of Vienna, Austria. Both Jewish, their families survived by embarking on treacherous journeys that ultimately took them to Latin America. And then, as young adults, my parents met in Berkeley in the late 1950s where they were both enrolled in college. I was raised in Berkeley in the 1960s, my father was a psychologist who took me on peace marches and to plant flowers in People's Park. From this heritage my identity grew. This time and place generated strong defining principles, and those that became mine early on have stayed with me throughout this half century of my life. I am a Jew; I must devote my life to helping those who are suffering and vulnerable; and I must stand up for peace and justice.

As a family physician, I have been drawn to volunteering with highly vulnerable populations. While my children were young, I kept this volunteer work local by founding the non-profit Doctors Without



*Dr. Mimi Doohan with patients in Ethiopia and Haiti*

Walls-Santa Barbara Street Medicine. The mission of this humanitarian medical organization is to provide free, volunteer medical care for the most vulnerable of Santa Barbara, where and when they are in need, including in times of disaster. The six programs of DWW include the Womens' Free Homeless Clinic at Transition House, Street Medicine, the Isla Vista Halloween Recovery Zone, the Medical Reserve Corp and the UCSB Underserved Medicine course. All of these programs, started in 2005, are growing and thriving due to devoted volunteers, such as Bob Gaines, MD, and philanthropists, who have supported DWW and its mission over the years.

In 2011, when my youngest child Bella turned 18, I was ready to take my volunteer work overseas. Finding the right mission is not an easy task, and joining a team is like a courtship which can lead to a life-long partnership or a heart break. My international focus is on volunteering in hospitals, where resources are limited and need is great. My first international mission trip was with Project Medishare-Haiti to Bernard Mevs Hospital in Port Au Prince, Haiti in October 2011 and then again in October 2012. In March of 2012 I went to Ethiopia to volunteer at Adama General Hospital with Ethiopia Health Aid (EHA). I will return with

*continued on page 26*



## Living Torah: My Journey

by Judy Mannaberg-Goldman

In the summer of 2011, I became involved with the restoration of our Czech Holocaust Memorial Scroll #35 from the Czech town of Pribram. My connection was extremely personal; my paternal family was from Czechoslovakia so my interest in this venture, at the outset, was purely selfish and highly emotional. I had to be as close as I could get to this project.

I agreed to do research to investigate the history of the Jews from Pribram. Michael Heppner who had been the Research Director of the Memorial Scrolls Trust in London, England, provided me with direction and support. I was bound to identify each Jew living in Pribram at the time of their deportation to Terezin, in September, 1942. Michael steered me in the direction of the Jewish Museum in Prague (JMP), Yad Vashem (YV) in Jerusalem and Beit Theresienstadt (BT) in Haifa. Armed with one list from BT, Michael showed me how to read 'history' from the lists, how to find discrepancies, how



and why list numbers of deportees were not chronological and why the Rabbis and community leaders were deported first!

As I started combining the various lists, I was also reading volumes about the town of Pribram. A Jewish community existed there as early as the first half of the 17th century, a Chevra Kadisha is mentioned in 1645. Twenty six Jewish families are recorded in the late 18th century and it is believed

**Friday April 12**  
**3:00 - 5:00 pm**  
Open House with  
Sofer Neil Yerman

**Saturday, April 13**  
**10:30 am**  
Shabbat Morning Service  
*led by our teens with Special  
Guest Sofer Neil Yerman*

Our **LIVING TORAH** is Back!

*Join us for the Rededication of our*

**CZECH MEMORIAL HOLOCAUST TORAH**

With a heartfelt thank you to the Stein Family for sponsoring the restoration

*A special Kiddush will follow the service honoring everyone involved in the Living Torah Project*

that out of 267 Jews, only 8 survived the Nazi occupation and that the Jewish community was never revived.

After pouring over the lists for weeks, I discovered that I was beginning to know each person on the lists, acknowledging each and every individual. I was paying them homage and respect - they were mothers, grandmothers, fathers and grandfathers, sisters and brothers, aunts and uncles and friends.

On Holocaust Remembrance Day, Yom HaShoah, attendees each read the name of a person living in Pribram at the time, from a card bearing the date and place of birth and death. Last year, we were blessed to have the Interfaith Community of Santa Barbara present, taking part, along with CBB, in performing the 613th mitzvah and remembering each one of the 267 Jews from Pribram who perished.

This past summer I was fortunate enough to have been invited to travel to Prague, Kolin and Pribram with Michael Heppner who, along with his synagogue in London, were taking their Kolin Torah back to its home.

*continued on page 26*



*Celebrate*

# Tot Shabbat

*For families with children 7 and under*

2nd Friday of the month

April 12 - May 10 - June 14

5:30 pm

A short Shabbat Service  
with songs, prayers  
and a story

6:00 pm

Join us for dinner  
and a chance  
to connect with other parents  
while the children are in  
childcare

RSVP for dinner and childcare  
to [kara@cbbsb.org](mailto:kara@cbbsb.org)

**We invite you to  
help us govern CBB**

# ANNUAL CONGREGATIONAL MEETING

**SUNDAY, JUNE 9**

**10:00 AM**

**BUDGET REVIEW**

**11:00 AM**

**GENERAL MEETING  
followed by lunch**

- Review our budget
- Elect the 2013/2014 Board of Trustees
- Enjoy the Cantor's annual pictorial year in review

*the 3rd Friday  
of each month*

5:30 pm

**PRE-NEG**  
Wine, Cheese  
and Schmooze

6:00 pm

**SHABBAT  
SERVICE**

APRIL 19



MAY 17

**The Temple Band**

**Join us for this  
wonderful CBB  
tradition**

# THIRD FRIDAY RUACH

**Lively!**

**Fun!**

**Uplifting!**



# Summer Shabbat Services

beginning Friday, June 21 through August  
6:00 pm

Abrahams  
Outdoor Chapel

A Sisterhood Program

EVERYTHING YOU WANTED TO  
KNOW ABOUT BEING A MUSLIM  
BUT WERE AFRAID TO ASK

meet  
Afaf Turjoman and her daughters  
Dalia, 17 and Sara, 15

both students at  
Dos Pueblos High School



**Sunday, May 5th**

2 p.m.

with refreshments

**All Welcome**

No Charge

## Parenting Tweens and Teens:

A Free Three-Part Seminar

**April 17 - 6:45 pm**

*I Just Don't Get You*

Why relationships can be so confusing. Learning how to support your kids in creating healthy relationships.

with Beth Weinberg, MFT

**May 1 - 6:45 pm**

*You're Stressing Me Out*

A frank conversation about the stress our kids face in today's world. Learn how we can help them take care of themselves under difficult circumstances - with Carrie Towbes, Ph.D.

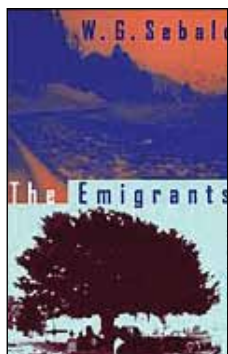
**May 8 - 6:45 pm**

*Alcohol & Drugs: Not in My House?*

A personal account from a Jewish student at UCSB (A straight-A student and NFTY leader) who struggled with drugs and alcohol. - with Amy Katz, UCSB

Open to the community at no charge

## Jewish Book Club



Sunday, **April 14**

9:30 am Nosh

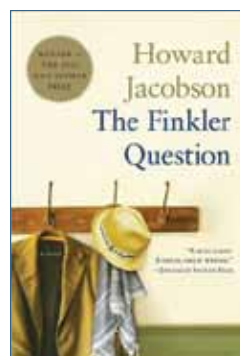
10:00 am Program

**The Emigrants**

by W.G. Sebald

A profound and original work of fiction...the stories of four people as they emigrate from land to land -- and, above all, as they

move through history...an end-of-century meditation that explores the most delicate, most painful, most nervously repressed and carefully concealed wounds of the last hundred years.



Sunday, **June 9**

9:30 am Nosh

10:00 am Program

**The Finkler Question**

by Howard Jacobson

Jacobson isn't the first writer to delve into the question of Jewish identity, and he surely

won't be the last; but he is definitely one of the most fearless. The Finkler Question tackles the uncomfortable issue of antisemitism with satire that is so biting, so pointed, that it pulls you along for 300 pages and leaves a battlefield of sacred cows in its wake.

facilitated by **UCLA Professor Charles Lynn Batten**  
A master teacher. Immensely popular and thought-provoking.



Purim is an incredible, joyous, fun day at CBB. Thank you to the following people who led us in making the day a success:

**Aaron Ettenberg**, writer/producer extraordinaire of the Purim Shpiel and actor in the role of Haman, **Melodie Lee**, our producer, **Mark Casselman** and **TJ Lewis** on sound and video

**Jamie Narva**, **Jenny McClure**, and **Talya Engel** for chairing the Purim Auction and creating the Purim Auction Guide

**BHY parents** and staff for preparing and facilitating the Purim Auction

**Cindy Feinberg** and **Jennifer Lewis** for chairing our Raffles and to all of the students and families who sold tickets

**Bethy Fineberg** for chairing our new Mishloach Manot Purim baskets program, and to her husband **Matt**, and their children **Casey** and **Zach**, as well as **many other volunteers** who helped put together and deliver the baskets.

Our amazing **adult and teen Purim Carnival volunteers** and **hamentashen bakers**, especially **Sally Simms!**





## Magic with a Brush

by Jana Brody



On March 13-17th, CBB welcomed silk painting artist Hillary Miller. Our time with Hillary was creative, fun and we met our mission to give everyone who attended a "hands on connection to Judiasim through art". Over 50 people, from

4 years old to 90 years old, participated in the tzedakah project of painting challah covers, which we will be giving to future new members of CBB.

Our religious school students, grades 4-9, had a great time painting a colorful large tallit, with a Noah's Ark theme. It will be used monthly during Friday night Tot Shabbat, as well as at Beit HaYeladim.

The magical process however, started long before Hillary's visit. As the Toby Parisse Art Education Project Manager, I traveled to the artist's studio for an all day intensive training workshop. We needed 30 hours of prep time to get the silk designs ready for the challah covers. Instead of having Hillary do this, I reached out to the many creative artists at CBB to see if we could, as a group, take on the art prep challenge. I was thrilled that so many wonderful talented people stepped up to assist with this creative endeavor. Knitters, quilters, sculptors, ceramists, painters and photographers got together to prepare. With the silk stretched on pvc pipe frames, vanishing ink was used to trace the designs prior to applying the gutta resist to the blank silk squares. This process makes each silk square unique. Everyone enjoyed the wonder of seeing the bright colors soak into the silk only to stop magically against the resist line of the prepped design.

We will be continuing to paint challah covers on Tuesday nights and plan to have Hillary back to teach a silk design workshop. Participants will have the opportunity to create a challah cover or other silk item of their own. If interested, please contact me at [janabrody@yahoo.com](mailto:janabrody@yahoo.com).



March 22 - 24, 2013

# Family Camp

The Althea Stroom and Pat Glazer Memorial Family Camp at the Brandeis-Bardin Retreat Center in Simi Valley lived up to our intention of an inspiring, community building, and relaxing, fun-filled weekend. Almost 70 adults and over 60 children, from pre-school to high-school age, got to know each other, play, pray, sing and eat together from Friday afternoon through Sunday morning.

Thanks to a very generous grant from The Jay & Marsha Glazer Foundation, this program was available to everyone who wanted to participate.



*I don't want to go home.  
It should be one more day.*

**Dan and Carla Gabie**

*Something here for everyone - all ages*

**Julie Fishman**

*There is a lot of time for interaction  
for parents to get to know each other*

**Sebastian Fishman**

*The food was awesome and  
accommodating to special needs*

**Melinda Greene**

*It's like a big family - Abe Schyrer*

*So fun! It was great connecting opportunity*

**Sophia Gaynes**

*It filled our heart and soul - Jaan Karsh*



# Jewish Summer Camps: Creating Life-Long Jewish Memories

How do our children put into action the Jewish learning they receive at CBB? One of the best ways is to attend a Jewish camp! They may want to start out at a Jewish day camp. When they're ready for a more intensive experience away from home, there are some incredible overnight camps to choose from.

The Top Ten reasons to consider a Jewish camp:

- Make friends and have experiences that will last a lifetime
- Put Jewish values into action  
Jewish learning through daily activities
- Experience Jewish prayer with friends
- Create unforgettable Shabbat memories
- Give our children leadership development opportunities
- "Doing" Judaism – rather than just learning "about" it
- Participate in high quality programming of all kinds – Sports, Arts/Crafts, etc.
- Enjoy how Jewish life is woven into everyday, secular life
- Strengthen your child's Jewish identity. Research has shown that Jewish camping is one of the most powerful determinants to building a strong Jewish identity later in life.
- And, finally, because IT'S SO MUCH FUN!!



## a sampling of CALIFORNIA JEWISH CAMPS

### Overnight Camps

#### **Camp Akiba Resident Camp**

Camp Whittier site in the Lake Cachuma area of Santa Barbara County  
<http://www.templeakiba.net/>

#### **Camp Alonim**

Brandeis-Bardin, Simi Valley  
<http://www.alonim.com/>

#### **Camp Newman**

Santa Rosa  
<http://newman.urjcamp.org/>

#### **Camp Ramah**

Ojai  
<http://www.ramah.org/>

#### **Camp Tawonga**

Sierra Mountains near Yosemite National Park  
<http://www.tawonga.org/>

#### **JCA Shalom**

Malibu  
[http://www.campjcashalom.org](http://www.campjcashalom.org/)

#### **Wilshire Boulevard**

#### **Temple Camps:**

#### **Camp Hess Kramer**

**Camp Hilltop**  
Malibu  
<http://www.wbtcamp.org/>

### Day Camps

#### **Camp Haverim**

Santa Barbara  
<http://www.camphaverim.org/>

#### **Camp Gan Israel**

Santa Barbara  
<http://www.ganizzysb.com/>



*NOTE: Not meant to be a complete listing*

# Children of the Covenant

**“As the generation, so the leader; as the leader, so the generation” – The Talmud**



*From left: Sylvia Glass, Armando Quiros & Erika Kahn*



*From left: Rhoda Colman, Judy Bernstein & Marina Manheimer-Taylor*



*Sylvia Glass*

Our Children of the Covenant Campaign honors and celebrates friends and members of Congregation B'nai B'rith who have made a commitment to our future sustainability by including CBB in their estate plans. These gifts are used to grow the CBB endowment, which lags far behind industry standards. A robust endowment will enable us to keep membership and tuition increases at reasonable levels, continue to offer scholarships and to ensure all who want to be members can be, while maintaining the caliber of our programming. Every planned gift is impactful, propelling our efforts forward. As a small token of our enormous gratitude, those who join this Covenant receive a beautiful custom made ketubah and are invited to participate in a signing ceremony – allowing us to acknowledge their commitment and generosity.



*Judy Bernstein*



*Elaine Potts*

Previous generations endowed our Temple with strength and vision, building a spiritual home for us. Now we have the opportunity to continue the legacy that they shaped more than 80 years ago. We invite you to join us through your leadership, generosity and participation.

For more information or to let us know you have included CBB in your plans, please contact Marina Manheimer-Taylor at [Marina@cbbbsb.org](mailto:Marina@cbbbsb.org), 964-7869 x 21

# Mazel Tov!



Rachel & Andreas Simon, and their daughter Shalom, welcomed Liad, November 7th



Joshua & Cortney Hyman, and their children, Aliyah & Noah, welcomed Elijah Wayne, January 2nd



Holly Goldberg & Gabe Nordyke on the birth of Chloe Dream, November 25th

Peter & Elizabeth Imhoff, and their daughter Sophia, welcomed Sebastian and Gabriel, November 1st.



Barbara & Jon Greenleaf celebrated the naming of their grandson Truman (Sh'lomo) on December 14th.



Holly Chadwin & Geren Piltz on the birth of Shira Pearl, December 2nd

Luis and Michelle Walsh, and their son Caden, welcomed Riley Alexander, February 23rd



Rene Block Baird on the birth of her granddaughter, Mackenzie Grace (daughter of April and John), February 2nd



Ran & Talia Feder, and their children Yonaton, Ella & Mika, welcomed Romy, November 20th

Congratulations to the physicians of our congregation who were recognized in **US News and World Report**, in the **Top Doctors** database:

- Dr. Richard Belkin
- Dr. Alex Koper II
- Dr. Dante Pieramici
- Dr. David Raphel
- Dr. Mark Silverberg
- Dr. Alex Weinstein

New Sisterhood Board Members:  
Doris Medved, Audrey Okaneko and Lani Wolff

Jason Alexander Raede (son of Ellen and Rob) and Frances Abby Shechter who were married on January 5th



December 2012 - March 25, 2013

## May Their Lives Be For A Blessing

**Jerry Squire**, brother-in-law of David Landecker, uncle of Ariana, Michael and Tamara

**Florence Rosenberg**, mother of Charlie Rosenberg (Gayle)

**Seena Constance Roth**, mother of Meryl Winnikoff (Marc), grandmother of Jacob and Sophia

**Morris Schantz**, father of Sheri Aleksander (Alan), grandfather of Daniel and Derek

**Gilbert Granet**, father of Craig Granet (Fran), grandfather of Jaclyn, Jennifer, Jordan and Julia, and great grandfather of Sienna

**Morrie Kingston**, father of Abbe Kingston (Helene), grandfather of Elliott and Sarah

**Nathan Rundlett**, husband of Marilyn Gilbert

**Barbara Tucker**, sister of Ruth Levine, Aunt of Richard Levine (Nicki)

**Marvin Radlauer**, brother-in-law of May Karin (Bert), uncle of Judy Karin (Dan Cohen), great-uncle of Talia and Tamar

**Joseph Frey**, brother of Sharon Lang (Moshe)

**Joan Wilson**, mother of Walt Wilson (Rachel), grandmother of Sophie and Henry

**Gudula ('Gudi') Einstein Amerikaner**, mother of Steve Amerikaner (Phyllis)

**Eleanor Ruth Harris**, mother of Laurie Harris (Richard Hecht)

**Eve Senn**, sister of Julia Smith (Howard)

**Irvin Besman**, father of Fran Granet (Craig), grandfather of Jennifer, Jaclyn, Jordan and Julia, great-grandfather of Sienna

**Barbara Levick**, mother of Randee Bassin (Craig), grandmother of Matt, Binky and Robby

**Robert Solomon**, brother of David Solomon (Karen), uncle of Emily, Julia and Harrison

**Hermine Blutstein**, mother of Maeda Palius (Michael O'Kelley), grandmother of Alexis

**Kenny Gaynes**, husband of Natalie, father of David (Elizabeth) and Melanie (Adin), grandfather of Sophia, Max, Deia and Seri

**Andy Cooper**, brother-in-law of Marilyn Weixel (Joel), uncle of Steven, Alyssa and Elizabeth

**Teri Rosen**, grandmother of Eve Briere, great grandmother of Ethan

**Gwen Marie Cohen**, mother of Ashley Monser (Dan)

**Michael Leviton**, father of Ruth Johnson (Blake) and grandfather of Brett, Marisa and Trevor

**Justin Graf**, step-father of Richard Heimberg (Karen) and grandfather of Allison, Brian and Graham

*Ha'makom yena'hem etkhem betokh she'ar avelei Tziyon v'Yerushalayim.  
May God console you among the other mourners of Zion and Jerusalem.*

## Honor Your Loved Ones

**Yahrzeit** is the annual memorial of a loved one's passing. It is traditional to light a candle on this anniversary at home and to read his/her name at a Shabbat service. At CBB we would be happy to send you a reminder each year, letting you know when to light the candle and when your loved one's name will be read at Shabbat services.

**Memorial Plaques** are another way to honor your loved ones. All of the bronze plaques in CBB's sanctuary are memorial plaques. This quiet symbol gives your loved one a Jewish home in perpetuity. A \$500 donation is requested.

*If you are interested in learning more about these opportunities, call the Temple office at 964-7869*



But Frederick and Zachary's visits were just the beginning of a long road to build the Inzu Y'Abana preschool. This five-phase project required many hours of fundraising, physical labor and communication between Santa Barbara and Rwanda. **AND WE DID IT!** We raised over \$120,000 and the school is open! Ellen Hunter states, "Our continued constant e-mail communication with Frederick and Zachary in Rwanda is what kept me going and motivated to stay on task. There were times when I wasn't sure we would be able to raise the whole amount, but

then they would send an e-mail and I would realize that there was no way I was going to let them down and stop now."

At the end of 2012, the doors to the Ubumwe Center Preschool opened and over 100 children are currently attending the beloved school. The amazing work of Ellen, Pam and the entire Global Justice committee and CBB community is being recognized nationally in April 2013 in Washington, DC as a winner of an Irving J. Fain Social Action Award from the Commission on Social Action of Reform Judaism. This is a tremendous honor and indicative of the hard work and commitment to tikkun olam, repairing the world, we have shown through this effort. In addition, we are thrilled to be presenting Pam and Ellen with the Evely Laser Shlensky Tikkun Olam Award at CBB on Friday night, April 26<sup>th</sup> when we will celebrate our success as a community.

However, our work is not completely done. The school still needs more financial support and our mission as Jews, to take care of those in need, will always be present. In the words of Pam Gunther, "What remains is the awareness about the tremendous amount of healing that needs to take place in our world. Doing good--making a difference--is there for everyone--- a cause locally or abroad that one can take up in order to bring about positive change in the world!"

---

*For My Gift of Life continued from page 14*

EHA to Ethiopia in June 2013 to Adama General Hospital and further South to the newly built rural hospital in Arsi-Negele.

When I do this volunteer work for the most vulnerable, I feel that it is a form of prayer. Working side by side with other volunteer professionals, we serve those most in need. We do what we can, with what we have, to alleviate suffering and

save lives. The patients we care for fill our hearts with love and nourish our souls.

Having lost so much in Europe, including most of my family and all of what they had there, I feel that being of service is a means to earn the gift of having survived. I view myself simply as a Jewish mother and doctor, doing what I am meant to do while I have the precious gift of life and health, being of service to Tikkun Olam.

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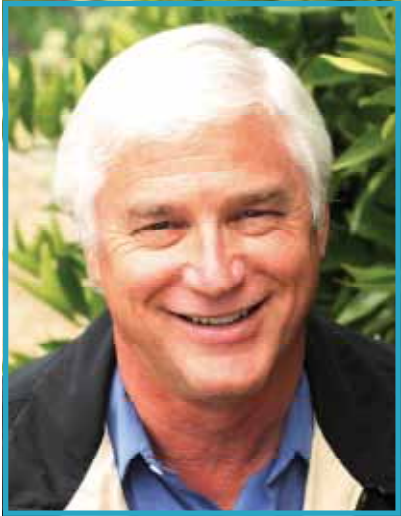
*Living Torah: My Journey continued from page 15*

I had the opportunity to visit Pribram, an hour southwest of Prague, where I met with the Director of the Pribram Museum, a mining museum. Pribram, in its hey day, was known as the Royal Mining City, mining silver, coal and later uranium. Although the importance of mining declined after 1900, the city's reputation as an educational and cultural center continued. According to the International Jewish Cemetery Project, "although the majority of German forces had left the city before liberation, Pribram's surroundings are the place where the last shots of WWII were fired."

After spending time at the museum, I then met with the Mayor of Pribram. I explained my mission and the Torah project. They had no idea of the existence of the scrolls from the town, but were enthusiastic about a plaque/memorial being erected in memory of the 267 Pribram Jews. There is no synagogue remaining, the only remnant of Jewish life is the cemetery at which I stopped at on the way out of town.

We are currently working on how best to memorialize the Jews of Pribram with the Museum Director and the Mayor. We will remember the Jews of Pribram each time we read from Scroll #35 and I will remember the last letter re-inked in our Scroll.

The journey continues.



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## *We Welcome Our New Members January - March 2013*

*Michael Berry and Suki Kim*

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*Alison Brysk*

*Eyal and Sarah Porat*

*Mike Taigman and  
Sascha Liebowitz*

*Larry Cylinder*

*Joel and Julie Rayden*

*Fred and Sandy Toyé*

*James and Summer Foster*

*Patricia Schwartz*

*Hannah Weisman*

*Jeremy and Karina Schweitzer*

# Todah Rabah to All

*CBB is blessed with incredible members who give their time and talents.  
For December through March we want to thank the following members:*

### MEMBERS WHO PHOTOGRAPH OUR EVENTS:

**Nancy Barasch, John Ellis, Helene Glassman,  
Matthew McKenzie, Dana Wallock**

**2013 POKER TOURNAMENT:** **Richard Silver** for his commitment and continued leadership for this fun evening and to **Itzik Ben Sasson, Beverly and Sandy Brier, Rhoda and Jesse Colman, Laura Dewey, Scott and Julie Ehrnstein, Renee Golan, Terry Grimes, Ruth and Blake Johnson, Martie Levy, Ashley Monser, Audrey Okaneko, Ron Plafkin, Elaine and Mort Rudin, Rabbi Suzy Stone, Sissy Taran, Belinda and Steve Zola**

### SISTERHOOD PROGRAM "UNLOCKING INFLAMMATION":

**David Gaynes** for sharing his expertise, **Sally Simms** for teaching the women how to prepare their mothers' recipes. **Judi Koper, Ruth Johnson, Dian Pulverman, Kate Shevitz, Gail Teton-Landis, Rachel Wilson, Natalie Simons** and **Belinda Zola** for preparing a fantastic lunch.

### PASSOVER POTLUCK SEDER:

**Lori Weiss** for coordinating the Seder with **Rabbi Stone**, and all of the **volunteers** who helped make it a special evening.

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