

אֲדֹנָי שְׁפָתַי

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ



אֲדֹנָי שְׁפָתַי

אֲדֹנָי שְׁפָתַי is the first line of the Amidah, or standing prayers. It is how we start off the third section of the prayer service, and it is read/sung immediately following the מִי כְמוֹכָה.

The congregation rises to begin the Amidah, and recites the first line together. As we recite the line, we take one step back per word for the first three words, then one step forward per word for the following three words. After saying the אֲדֹנָי שְׁפָתַי together in Hebrew the congregation repeats it together in English.

For this prayer and those that follow, we step into the presence of God. We show respect by initially retreating before God, and then approaching. The line also makes it clear that God is forever. We ask God to help us to pray with a full heart and כּוֹנֵה.

Vocabulary

Adonai - אֲדֹנָי	may declare - יְגִיד
and my mouth - וּפִי	intention (purpose) - כּוֹנֵה

Past Root

	bless ב-ר-כ
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Translation

Adonai, open my lips, that my mouth may declare Your glory.