

# Congregation B'nai B'rith's Yom Kippur Afternoon Options (In-person)

Wednesday, October 5, 2022 (10 Tishrei 5783) 1:45 to 3 PM

### #1: Discussion with Gary Linker, PhD "Do we have free will or is everything preordained?"

Location: Back Patio

We face many choices during our life. Rabbi Akiva once said, "All is foreseen, but permission is given." This Jewish koan brings us face to face with free will and predestination. So which is it? Do we have free will or is everything preordained. Join our in-person discussion of this important topic.

#### #2: Poetry Exploration with Rabbi Steve Cohen

Location: Sanctuary

Rabbi Cohen will share a few poems by contemporary Jews which attempt to confront, challenge and be challenged by the ancient and timeless wisdom of Yom Kippur.

#### #3: Teen Program with Rabbi Brenner

Location: Teen Lounge

## #4: "Entering the Holy of Holies as High Priest/ess": An experiential exploration (for women) with Rabbi Devora Green

Location: Library

In biblical times, a peak moment of the Yom Kippur ritual occurred when the High Priest entered the Holy of Holies and uttered the ineffable name of God to bring Atonement. This powerful transformational archetype will serve as the framework for imagining ourselves in this awe-filled role and sacred space. Through guided visualization, song, music, movement, poetry, and group discussion, participants will have an opportunity to explore experiencing ourselves as a High Priest/ess, entering our own Holy of Holies, and saying aloud names for the Divine, for the sake of At-One-Ment. Participants are invited to wear all white and bring a yoga mat.